



Wellness Webinar: Managing Diabetes and Prediabetes

Do you or a loved one have diabetes?

More than 29 million Americans have been diagnosed with diabetes, and 86 million more are considered prediabetic, according to the American Diabetes Association. Chances are you or someone you love has been directly impacted by this condition.

During “Managing Diabetes,” we’ll cover diabetes testing methods, nutrition for diabetes, common conditions associated with diabetes and their symptoms, and how to achieve your best level of health.

Register now for this webinar.

This webinar series is specifically designed for our corporate group members, so we require that participants register with a corporate email address. Once we receive your registration, you will receive a confirmation email with instructions on how to join the webinar. Space is limited.

If you are not able to access the registration link above, please copy and paste this address into your browser:

<https://horizon.webex.com/horizon/onstage/g.php?MTID=e507ae11d58416b431e0a17b9ee2227a5>

**Horizon BCBSNJ
Wellness Webinar**

**Managing Diabetes
and Prediabetes**

**November 14, 2018
12 p.m., Eastern Time**

Our Wellness Webinars are for general informational purposes. Consult with your doctor about specific questions you may have about your health and before starting any new diet or exercise program. Horizon Blue Cross Blue Shield of New Jersey wants to help you get the information you need to manage your health.

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