

SUSSEX COUNTY SENIOR TIMES

A Publication of the Sussex County Department of Health and Human Services, Division of Senior Services

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The Center for Lifelong Learning at Sussex County Community College (SCCC) Offerings in October, November and December

The Center for Lifelong Learning at Sussex County Community College (SCCC), a collaboration between the Sussex County Department of Health and Human Services, Division of Senior Services and Sussex County Community College, is hosting free lectures during the months of October and November and a special event in December.

Lecture: “Culture in Art Part One – Artifacts & How They Represent Culture”

Join Professor Michael Hughes on Friday, **October 4, 2024**, at 2:00 p.m., in the Atrium of the Performing Arts Center at SCCC for part one of this four-part series that will span two semesters as he takes us on a tour of art and culture. Professor Hughes will initiate a look at Art History in lesson one titled “What is Culture?”

Lecture: “Meet the Author and Executive Producer David Page: How Creating the TV Show *Diners, Drive-Ins and Dives* Led to Writing His Book *Food Americana*”

Join Executive Producer/Author David Page on Friday, **October 18, 2024**, at 2:00 p.m., in the Tiered Lecture Hall, Room 232 in the Performing Arts Center at SCCC and hear how he changed the world of food television when he created the popular television show *Diners, Drive-Ins and Dives*.

Lecture: “Untangling the Intricacies of Medicare with Janeen and Megan Brady”

Join Janeen and Megan Brady from Cornerstone Health Benefits on Friday, **October 25, 2024**, at 2:00 p.m., in the Atrium of the Performing Arts Center at SCCC as they share their Medicare knowledge with you.

Lecture: “Culture in Art – Artifacts & How They Represent Culture”

Join Professor Michael Hughes on Friday, **November 1, 2024**, at 2:00 p.m., in the Atrium of the Performing Arts Center at SCCC for part two of this four-part series that will span two semesters as he takes us on a tour of art and culture. During part two, Professor Hughes will define artifacts and discuss how they represent culture.

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Lecture: “The Typhoon of Steel: The Battle of Okinawa”

Join Historian Dr. Heidi Weber on Friday, **November 8, 2024**, at 2:00 p.m., in the Atrium of the Performing Arts Center at SCCC for a fascinating exploration of Okinawa’s history and its connection to the American experience during WWII.

Celebration Luncheon: Be Our Guests

Come and celebrate the 9th Anniversary of the active partnership between Sussex County Community College and the Sussex County Division of Senior Services on Friday, **December 6, 2024**, from noon to 1:45 p.m. Join us for a buffet lunch in the Performing Arts Atrium. Attendees will have an opportunity to meet the Senior Services Division and Center for Lifelong Learning staff and learn about the programs and services that are available to Sussex County seniors through the Division of Senior Services, the College and the Center. Registration for this event does not begin until **November 1**. Space is very limited.

To register for any of these events, or to obtain additional information, please call the Division of Senior Services at 973-579-0555, ext. 1277.

Open Computer Lab at SCCC Now Available to Sussex County Seniors

Come to campus to practice your computer skills in the college’s Open Lab staffed with tech savvy student assistants. The lab is available September 9, 2024 through December 17, 2024; however, the college is closed during the Thanksgiving break from November 27 through December 1, 2024. While this is a practice lab, and not an instructional class, lab assistants may be able to assist with your questions. No need to pre-register.

Date: Mondays through Thursdays

Time: 9:00 a.m. to 4:00 p.m.

Location: Library Building, Room L-121

Cost: Free

Parking: It is recommended that attendees park in the College’s Upper Parking Lot behind L Building and walk across the pedestrian bridge that connects the Library Building. There is an elevator available to the first floor.



24th Annual Salute to Military Veterans

The Sussex County Board of County Commissioners, Department of Health and Human Services, Division of Senior Services and the Veterans Committee cordially invite you to attend the 24th Annual Salute to Military Veterans Parade. This annual tribute will begin at 1:00 p.m., on Sunday, November 3, 2024, in the Richards Building at the Sussex County Fairgrounds in Augusta, NJ. The program will consist of a parade that will highlight veterans of all branches of the service, military vehicles, civic groups, community bands and local high school bands. Highlights of the day will include the reading of essays written by local students, a Prisoner of War (POW) and Missing in Action (MIA) solemn remembrance and a 21-Gun Salute by members of the Ogdensburg VFW. Members of the Sussex County Board of County Commissioners will be presenting commemorative pins to all veterans in attendance.

This tribute to our military veterans allows Sussex County to publically recognize the contributions and sacrifices our veterans and their families have made for our country. Refreshments will be provided at the conclusion of the event. We look forward to seeing you at the 24th Annual Salute to Military Veterans.

For additional information, please contact the Sussex County Division of Senior Services at 973-579-0555, ext. 1221 or seniorservices@sussex.nj.us.

REMEMBER TO REDEEM YOUR FARMER'S MARKET NUTRITION PROGRAM BENEFIT

Please remember to use your Farmer's Market Nutrition Program benefit by November 30, 2024. Enjoy some fall fruits and vegetables.



Vernon Leisure Club

Join the Vernon Leisure Club on the third Wednesday of every month at 1:00 p.m. at the Vernon Senior Center, 21 Church Street in Vernon, for a fun and informative get together. Bring a friend!



Medicare Prescription – Part D Annual Open Enrollment is Almost Here!

October 15 through December 7, 2024

Open Enrollment for Part D Medicare will be here soon! The Division of Senior Services strongly recommends that you create a *MyMedicare* account by visiting [MyMedicare.gov](https://www.mymedicare.gov). Your *MyMedicare* account allows you to save information such as your prescription drug list. You can also view your claims and view a calendar of preventative services that you may be eligible to receive.

If you do not have access to a computer, our State Health Insurance Assistance Program (SHIP) counselors at the Division of Senior Services are available to help you compare coverages and possibly change your Medicare plans for 2025. Our SHIP counselors provide free, unbiased information and assistance to people with Medicare.

**For more information call
973-579-0555, ext. 1223**

Sussex County Arts & Heritage Council's 14th Annual Heritage Weekend October 12 and 13, 2024

You can use an Interactive Map of the weekend's events by clicking on [this link](#).

Look at [this overview](#) of the sites participating to decide what you want to see! Be sure to check any locations you wish to visit just prior to the day.

Please check each sites Facebook page and Website in case of last minute changes!

Click [HERE](#) for an Information Brochure to go with the Interactive Map! Click [HERE](#) for information on events in the NJ Skylands area.

Read this newsletter online:

<https://www.sussex.nj.us/documents/SeniorTimes.pdf>

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