Sussex County Department of Health and Human Services, Division of Senior Services Offers Assistance with PAAD, SLMB and LIHEAP Applications

The Sussex County Department of Health and Human Services, Division of Senior Services will be providing assistance in completing applications for the following programs.

1) The Pharmaceutical Assistance to the Aged & Disabled (PAAD) is a New Jersey state funded program that assists low-income NJ residents who are age (65) and/or disabled with the purchase of prescription drugs. Under the program, PAAD clients pay $5.00 or $7.00 for each prescription and are credited $225 toward their electric bill. Enrollment is open year round. Below are the maximum income and asset eligibility guidelines.

- Individual Income: $27,951 yr.
- Married Income: $34,268 yr.
- Assets: No Limit

2) The Specified Low Income Medicare Beneficiary (SLMB) is a New Jersey state funded program that assists very low-income NJ residents who are age (65) and/or disabled with paying the Medicare Part B premium. Enrollment is open year round. Below are the maximum income and asset eligibility guidelines.

- Individual Income: $1,406 month /Assets: $7,730
- Married Income: $1,903 month /Assets: $11,600

3) The Low-Income Home Energy Assistance Program (LIHEAP) is a federally funded program designed to help low-income individuals meet home heating and medically necessary cooling costs. This year the application period is October 1, 2019 to April 30, 2020. Below are the maximum income and asset eligibility guidelines.

- 1 Person Household Income: $2,082 month
- 2 People Household Income: $2,819 month
- 3 People Household Income: $3,555 month
- Assets: No Limit

To schedule an appointment, please call the Division of Senior Services at 973-579-0555, ext. 1221.

3rd Annual Sussex County Senior Olympics

The Sussex County Division of Senior Services is excited to announce the running of the 3rd Annual Senior Olympics competition scheduled for June at Maple Grange Park in Vernon. In order to make this event a huge success, we are looking for the following:

The formation of teams representing towns or senior clubs/groups. There must be 24 participants in each team. Each team can also have up to 3 assistants that do not participate for a total of no more than 27 individuals per team. A team commitment must be submitted by the end of February 2020.

The day will run from 8:30 a.m. -1:30 p.m. and consist of:
- Registration
- Continental Breakfast
- Opening Ceremonies
- Warm up/stretching
- Games
- Lunch
- Awards Ceremony
- Entertainment
- Closing Ceremonies

Each team will compete in all 6 events (soccer kick, golf putt, chicken throw, horseshoes, corn hole and T-ball). All 24 members of each team must compete in each event.

Each team must have 2 captains (captains may be a participant or fill an assistant position). Captains from each team must attend mandatory pre-Olympic meetings.

Gold, Silver and Bronze awards will be given to the top scoring male and female participant of each event.

There will be an overall team ranking award presented.

Spirit awards will also be presented. Each team will select an individual from their own team who exemplifies pride, passion and team comradery to receive this award.

For more information, please contact the Division of Senior Services at 973-579-0555, ext. 1226 or via email at lhentz@sussex.nj.us.
The state of New Jersey offers a confidential statewide registry for people with disabilities who may need help in the event of a disaster or other emergency. The information is shared with Sussex County’s Division of Emergency Management to help emergency responders locate and safely evacuate people who may find it difficult to help themselves in the event of a major disaster.

Providing information before a disaster allows for better planning and managing of resources during an emergency. Rest assured, your information will be held securely and only used for emergency response and planning.

Anyone in Sussex County who may find it difficult to self-evacuate because of a physical or cognitive limitation, language barrier or lack of transportation—particularly if family, friends, or caregivers are unavailable to help during a crisis—is encouraged to register with New Jersey’s special needs registry.

**How to Register**

Individuals with special needs, as well as their families and/or caregivers, can register online at [http://ready.nj.gov/plan-prepare/access-functional-needs.shtml](http://ready.nj.gov/plan-prepare/access-functional-needs.shtml). In order to complete the online form, users must have JavaScript enabled and will have to temporarily disable any pop-up blockers that may be working in tandem with their browser application.

Don’t want the hassle? You can also register by downloading and completing the paper registration form. This form may be filled out on your computer, saved to your hard drive and then submitted to the Sussex County Division of Emergency Management. Complete instructions are included on the first page of the form.

You may obtain the registration form at the link below: [http://www.sussexcountysheriff.com/community/community/commuity_alerts/](http://www.sussexcountysheriff.com/community/community/commuity_alerts/)

If you have any questions, please contact the Sussex County Sheriff’s Office at 973-579-0850.

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**SENIOR CLUB TRIP INFORMATION**

**Montague Seniors** – Will host a bus trip on Thursday, **February 20, 2020**, to Resorts Casino. The cost is $25 per person. You will receive $25 in slot play and a $15 food coupon.

**XYZ Club** – Will host a bus trip on Tuesday, **April 28, 2020**, to the Liberty Science Center in Jersey City. The cost is $59 per person. The cost includes general admission, two workshop sessions and a planetarium ticket. A light lunch is also included.

For further details, please call the Division of Senior Services at 973-579-0555, ext. 1277.

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Sussex County Sheriff’s Senior Citizens Organization

**2020 Meeting Schedule**

- January 6, 2020
- March 2, 2020
- May 4, 2020
- July 6, 2020
- September 14, 2020
- November 2, 2020

All meetings are held on the above Mondays and begin at 10:00 a.m., at the Office of Emergency Preparedness, 135 Morris Turnpike, Frankford.

The January meeting topic will feature a representative from JCP&L who will discuss the power restoration process in the event of a storm/emergency.

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