# North Jersey Health Collaborative health matters

## **Community Health Improvement Plan**

## **Sussex County, New Jersey**



#### **Priority Areas for Intervention**

The Community Health Improvement Plan (CHIP) is designed to set priorities and coordinate resources to improve community health in Sussex County. Using data from the 2021 Community Health Needs assessments (CHNA), **chronic disease, mental health and substance use, healthy aging, and maternal child health** were identified as priority areas for intervention. This document outlines the priority areas for public health intervention, as well as our community health partners' activities that improve these priority areas. The North Jersey Health Collaborative will be tracking the progress of our community partners in executing the CHIP on the <u>Sussex County Progress Tracker</u> page of the <u>NJHealthMatters</u> website.

This CHIP aligns the missions of organizations across sectors, who, through their programs and services have an impact on the health and wellbeing of their stakeholders and community members. Through education, social support, access to preventive care, screenings and resources, the North Jersey Health Collaborative brings agencies and care partners together to build a strong network. We demonstrate our collective impact using our <u>County Progress Trackers</u> on the <u>NJHealthMatters</u> website.

#### **Bridging the Health Equity Gap**

Local and County offices of public health have a core set of responsibilities that include assuring an adequate local public health infrastructure, promoting healthy communities and healthy behaviors, preventing the spread of communicable disease, protecting against environmental health hazards, and preparing for and responding to emergencies. In order to effectively promote healthy communities- with the goal of creating health equity, public health needs the support of community agencies and social and human services programs. Community CHIP partners provide information, education, and interventions to individuals and communities, such as education, preventive activities, interventions, healthy lifestyle activities, referrals, and social and human services. Our ongoing process includes continually adding new partners and their programs, and an evaluation process where each organization will report on Outputs and Outcomes that will be added to the Progress Tracker on the NJHealthMatters website. This plan demonstrates how partnerships between community agencies and local offices of public health may bridge the gap in health equity by addressing the social determinants of health that have an impact on health outcomes.

45 organizations are performing 265 interventions as detailed below. The public health partner is the Sussex County Division of Health, a key stakeholder and leader in this document's development during county committee and other NJHC meetings.

		Category : Chronic Disease	
Goal: Reduce the p	proportion of Chror	nic Diseases through services and disease management	
Outcome Objective	e: Increase the pro	portion of Chronic Disease services by 3%	
•	Interventions	Partner Organizations' Programs and Services	Time Frame
	Blood pressure screenings	Bridgeway Behavioral Health Services: Blood pressure screenings.  Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: Blood pressure screenings.  SCDOH/Public Health Nursing: Blood pressure screenings.	Collectively impact Sussex residents by 2026.
	Cancer screenings (and NJCEED) (e.g.Offer screening services, free mammograms, cervical exams)	ScreenNJ: Cancer screenings. Sussex County Division of Health, Office of Public Health Nursing: NJCEED Cancer screenings (Female Breast & Cervical Cancer, Male Prostate Cancer, Skin Cancer, Colo Rectal FIT testing)	
	Chronic disease self-management programs (specific and general)	Alzheimer's Association: Chronic disease self-management programs.  Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: Chronic disease self-management programs.  Sussex County Division of Senior Services: Chronic Disease Self-Management Programs:  1. Take Control of your Health, 2. Cancer Thriving and Surviving and  3. Diabetes Self-Management. Healthy Bones, Matter of Balance, Tai Chi Quan and Walk with Ease.  Sussex YMCA: Y-first program, physician referral for patients with elevated BMI or chronic illness to participate in a behavioral change program to increase physical activity.  LiveStrong: support cancer survivors to increase physical activity at any stage of diagnosis.	
	Community-based wellness	Alzheimer's Association: YMCA. Community resource finder is a comprehensive database that listed local resources, programs and services.  Avenues In Motion (formerly TransOptions): Mayors Wellness Campaign.  Community Hope: YMCA.  County of Sussex Skylands Ride: YMCA.  Sussex County Dept. of Human Services: Referrals to Hope and Serenity Recovery Community Center.  Sussex County YMCA: YMCA.	

	Sussex Warren Chronic Disease Coalition: SC Child Health Crisis Workgroup (Obesity
	Prevention grades Kdg. Gr. 6); Sun Safety for Schools
Diabetes	Bridgeway Behavioral Health Services: Diabetes prevention program.
Prevention/Blood	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services:
sugar screenings	Diabetes prevention program.
	Sussex County Division of Senior Services: Diabetes Self-Management program
Education and	Alzheimer's Association: Provide training and certifications on Dementia Care Practice
training to	Recommendations, Person-Centered Dementia Care Training Program Curriculum Review
providers and	and Essentialz® Certification. Provide research presentations on latest findings of
communities on	Alzheimer's Disease.
HIV prevention and	Center for Prevention and Counseling: HIV and Hepatitis Screening
harm reduction	Opioid Response Network: Education and training.
	Sussex County Division of Community and Youth Services: Information and Referrals.
	Zufall Health: HIV testing, community education for prevention
Health insurance	Sussex County Division of Senior Services: SHIP, and PAAD
	<b>Zufall Health Center</b> : Assistance with enrollment in NJ Family Care (Medicaid) and
	qualified health plans through the NJ health Insurance Marketplace.
Homebound	Sussex County Division of Health Office of Public Health Nursing: Homebound
vaccinations	vaccinations.
Increase access to	<b>Alzheimer's Association</b> : 24/7 Helpline 800-272-3900. Programs on dementia education
care	and brain health covers chronic disease topic areas.
	Avenues In Motion (formerly TransOptions): Transportation services.
	Bridgeway Behavioral Health Services: Access to care
	Community Hope: Refferals.
	County of Sussex Skylands Ride: Transportation services.
	<b>DAWN Center for Independent Living</b> : Advocacy, care management and referrals for
	individuals with disabilities and chronic illnesses.
	Family Partners of Morris & Sussex Counties: Referrals.
	<b>Project Self-Sufficiency:</b> Comprehensive case management, employment and training,
	New Jersey Youth Corp - high school equivalency. Provide training and education on ACES
	which can lead to chronic disease, women's health awareness.
	Real Talk NJ LLC: Counseling.

	Sussex County Dept. of Human Services: Referrals to Hope and Serenity Recovery	
	Community Center.	
	Sussex County Division of Health Office of Public Health Nursing: Maintain the SC NJ	
	Cancer Education and Early Detection (NJCEED) grant and Sussex Warren Chronic Disease	
	Coalition grant.	
	Sussex County Division of Senior Services: Information and assistance	
	Zufall Health: Minimizing barriers to accessing care i.e. presumptive eligibility for	
	Medicaid; Deploy mobile units into the community for medical and dental needs.	
Increase physical	Advance Housing Inc: Physical activity programming	
activity	Alzheimer's Association: Caregiver support groups.	
	Avenues In Motion (formerly TransOptions): Safe walking and biking education for	
	students and seniors.	
	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services:	
	Physical activity programming	
	Community Hope: Education.	
	Fitness Knocking: Personal training.	
	Norwescap: A Matter of Balance, Project Healthy Bones	
	Sussex County Child Health Crisis (Obesity) Workgroup: Promote Healthy Eating offers	
	child obesity crisis interventions.	
	Sussex County Division of Health Office of Public Health Nursing: Refferals to	
	appropriate community program.	
	Sussex County Division of Senior Services: Healthy Bones, Matter of Balance, Tai Chi	
	Quan and Walk with Ease.	
	Sussex YMCA: Membership provides use of all programs.	
Other	Sussex County Division of Senior Services: Cancer patient and Cancer caregiver support.	
	Chronic Disease Self Management. Arthritis Management.	
Promote healthy	Advance Housing Inc.: Healthy eating programming	
eating	<b>Avenues In Motion (formerly TransOptions):</b> Increase access to healthy foods	
	Bridgeway Behavioral Health Services: Healthy eating programming	
	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services:	
	Healthy eating programming	
	Community Hope: Health and nutrition education.	

Family Partners of Morris & Sussex Counties: Provide intensive peer to peer support to families by (1) Participating in a strategic partnership with CMO, (2) Engaging in community development, (3) Providing peer-to-peer support for families with children at the highest levels of care management, (4) Educating families about the Children's System Of Care and their child's challenges, (5) Employing wraparound values and principles, (6) Educating families to advocate in their child's and family's best interest, (7) Monitoring service providers for family involvement, family "friendliness" and family focus, (8) Advocating for system change when necessary, and (9) Ensuring the family voice to be heard.

**Fitness Knocking**: Health and nutrition education.

**Foodshed Alliance/LocalShare**: LocalShare connects people to locally grown fruits and veggies; hosts free mobile produce markets; promotes healthy eating and chronic disease reduction by providing nutrient dense, local produce; offers healthy recipes; provide nutrition and health information.

**Nutrition for Longevity**: Prescription food boxes and medically tailored meals. Behavioral Health Coaching.

**Project Self-Sufficiency**: Food insecurity.

**Sparta Community Food Pantry**: A donation only food pantry that (1) Offers choices of shelf stable food, including gluten free, salt free, sugar free items; meat; dairy products, and produce. Clients are allowed to access the food pantry once a week and can shop in a "store" for their food choices. Homebound clients are given premade bags of food along with perishable items. (2) Helping clients celebrate holidays with heat and serve meals. (3) Provides access to health care programs and community services.

Sussex County Child Health Crisis (Obesity) Workgroup: Resourses on Nutrition and physical activity education for parents. Teachers on the Farm PD Day, instruction for teachers on how to infuse nutrition into the curriculum and provide information on Farm to School programs. Collaboration with 17 agencies and organizations to combat the childhood obesity crisis in Sussex County.

**Sussex County Division of Health Office of Public Health Nursing:** *Refferals to appropriate community program.* 

Sussex County Division of Senior Services: Meals on Wheels, and three (3) nutrition sites Sussex YMCA: Monthly nutrition lectures by a registered dietitian – free to the community.

		Category : Healthy Aging	
Goal: Improve hea	alth and well-being	for older adults	
Outcome Objectiv	e: Improve healthy	aging in Sussex County by 3% through program and services	
	Interventions	Partner Organizations' Programs and Services	Time Frame
Healthy Aging	Caregiver assistance services  Elder abuse prevention	Alzheimer's Association: Caregiver assistance services. E-services provide online resources to tools and information on how to approach Alzheimer.  Community Hope: Caregiver assistance services.  Family Partners of Morris & Sussex Counties: Education.  MHA of Essex and Morris: Caregiver assistance services.  Sussex County Division of Senior Services: Information and assistance, Caregivers  Support Group and the Caregiver Expo  Alzheimer's Association: Elder abuse prevention. Early stage initiatives to change public perception about Alzheimer's.  DASI: Elder abuse prevention.	Collectively impact Sussex residents by 2026.
	Evidence-based programs (e.g., Healthy Bones, Balance program)	Sussex County Division of Senior Services: Information and assistance Sussex County Division of Social Services: Adult Protective Services  Center for Prevention and Counseling: WISE: Wellness Initiative for Senior Education, Sussex County residents. WISE is a six-week program that celebrates healthy aging and educates older adults on a variety of topics including safe medication use, the aging process, communicating effectively with healthcare providers and strategies for making healthy lifestyle choices. The program runs quarterly throughout the year at various locations in Sussex County.  Community Hope: Refferals. Norwescap: Project Healthy Bones, other evidence-based programs Sussex County Division of Senior Services: Chronic Disease Self-Management Programs:  1. Take Control of your Health, 2. Cancer Thriving and Surviving and 3. Diabetes Self- Management. Healthy Bones, Matter of Balance, Tai Chi Quan and Walk with Ease.	
	Meals-on-Wheels	Sussex County Division of Senior Services: Meals-on-Wheels Alzheimer's Association: Medication Management.	

Medication	Bridgeway Behavioral Health Services: Medication Management.
management	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services:
	Medication Management.
	Center for Prevention and Counseling: Wellness program focuses on pain management
	using methods other than opioids.
	Community Hope: Medication Management.
	NewBridge Services: Medication Management.
	Opioid Response Network: Medication Management.
	Sussex County Division of Senior Services: Chronic Disease Management Programs
Prescription Acc	cess Bridgeway Behavioral Health Services: Prescription Access.
	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services:
	Prescription Access.
	Community Hope: Prescription Access.
	County of Sussex Skylands Ride: Prescription Access.
	Sussex County Division of Senior Services: SHIP and PAAD
	<b>Zufall Health:</b> 340 B pharmacy programs. Available for all ages.
Referrals	<b>DAWN Center for Independent Living:</b> Referrals and guidance for individuals with co-
	occurring disabilities.
	Family Partners of Morris & Sussex Counties: Referrals.
	<b>NewBridge Services</b> : Referrals to Norwescap, ADRC, and Center for Prevention.
	Sussex County Division of Senior Services: Information and Referrals
Senior nutrition	Alzheimer's Association: Senior nutrition sites.
	Community Hope: Meals on Wheels, senior nutrition sites.
	County of Sussex Skylands Ride: Senior nutrition sites.
	Foodshed Alliance/LocalShare: Senior nutrition sites.
	Nutrition for Longevity: Prescription food boxes and medically tailored meals, Behavioral
	Health Coaching.
	Sparta community food pantry: Senior nutrition sites.
	Sussex County Division of Senior Services: Senior nutrition sites
Senior program	s <b>Alzheimer's Association</b> : Senior programs. Consumer education programs are free,
(e.g., Atlantic	provided online and in person (available in Spanish, Mandarin and Korean) to help
Health, St. Luke	's, individuals living with Alzheimer on warning signs, legal & financial planning.

RSVP at	Avenues In Motion (formerly TransOptions): Education on safe walking and driving,
NORWESCAP)	presentations on retiring from driving and updates on driving laws, AARP CarFit Program.
110111120011117	Center for Prevention and Counseling: Wellness Program for Senior Education.
	Community Hope: Senior programs.
	County of Sussex Skylands Ride: Senior programs.
	Family Partners of Morris & Sussex Counties: Education.
	Fitness Knocking: Personal training and health education seminars.
	Norwescap: Senior programs.
	Project Self-Sufficiency: Senior programs.
	Sussex County Division of Senior Services: Variety of socialization, recreation and
	evidence based programs presented at Senior Clubs and to all Sussex County senior
	citizens.
Social Support	Advance Housing Inc.: Social support.
	<b>Alzheimer's Association:</b> Trialmatch is a free service that connects individuals with
	dementia, families and healthy participants with clinical trials based on user-provided
	information.
	Bridgeway Behavioral Health Services: Social support.
	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: Social
	support.
	Center for Prevention and Counseling: Social support.
	Community Hope: Social support.
	County of Sussex Skylands Ride: Social support.
	Family Partners of Morris & Sussex Counties: Social support.
	MHA of Essex and Morris: Social support.
	Norwescap: Social support.
	Project Self-Sufficiency: Social support.
	Sussex County Division of Senior Services: Variety of socialization, recreation and evidence
	based programs presented at Senior Clubs and to all Sussex County senior citizens.
	Zufall Health: Community Health Worker collaborates with senior housing to navigate and provide referrals
	Sussex YMCA: membership that provide age appropiate programs, senior swim clinics,
	Active Adult day, specials senior lectures and activities.

Transportation services (e.g., Avenues In Motion (formerly TransOptions))	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services:  Transportation services.  Community Hope: Transportation services.  County of Sussex Skylands Ride: Transportation services.  Project Self-Sufficiency: Transportation services.	
	Sussex County Dept. of Engineering and Planning: <i>Transportation services</i> .  Sussex County Division of Senior Services: <i>Information and Referrals</i> Sussex Warren Chronic Disease Coalition: <i>Transportation assistance for Cancer Survivors</i>	

### Category: Maternal & Child Health

Goal: Strengthening the health and well-being of all mothers, children, and families through prevention, education, and access to essential services.

	Outcome Objective: Increase	Maternal and child health b	y 3% through program and services
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	Interventions	Partner Organizations' Programs and Services	Time Frame
Maternal & Child Health	Health education services (youth pregnancy, prevention in schools, childbirth education, nutrition education, smoking cessation)  Lead Screening	Bridgeway Behavioral Health Services: Health education. Center for Prevention and Counseling: Health education.  DASI: Health education. Family Partners of Morris & Sussex Counties: Health education. Norwescap: Health education. Opioid Response Network: Health education. Project Self-Sufficiency: Health education. Sussex County Division of Health Office of Public Health Nursing: Health education. Sussex County Division of Health Office of Public Health Nursing: Childhood blood lead Screening, assessment and case management for children with elevated blood lead levels. Sussex County Division of Health Office of Environmental Health: Investigate confirmed	Collectively impact Sussex residents by 2026.
	Offer prenatal, post-partum, baby, reproductive life planning, &	cases of childhood lead poisoning by observing environmental conditions and collecting samples to reduce lead exposure.  Opioid Response Network: Provide training and guidance to individuals and organizations to address the opiod and stimulant crisis.  Prasada in Home: Provide in-home mental health services to families with children under the age of five including infant mental health and child-parent psychotherapy.	

women's health	ScreenNJ: Cancer screenings.
services	Sussex County Division of Health Office of Public Health Nursing: Monthly Child Health
	Clinics for uninsured families up until school entrance and Special Child Health Services.
Opioid use disorder	Zufall Health and Center for Prevention and Counseling: Wrap-around services.
wrap-around	
services for	
expectant moms	
and mothers of	
infants.	
Other	Bergen County Special Services: Assist displaced students and their parent/guardian by
	coordinating enrollment, transportation, and support services through the district liaison.
	DAWN Center for Independent Living: Referrals to local state authorized practitioners and
	child health services.
	Family Partners of Morris & Sussex Counties: Referrals.
	Fitness Knocking: Referrals.
	NewBridge Services: Referrals to Norwescap and Center for Prevention.
	Nutrition for Longevity: Prescription food boxes and pre-peri and postnatal tailored meals,
	behavioral health coaching, referrals.
	Prasada in Home: Partnership with Montclair State University to provide in-home mental
	health services to families with children under the age of five.
	Project Self-Sufficiency: Nurture NJ.
	Sussex County Child Health Crisis (Obesity) Workgroup: Share "How to Raise Healthy Kids"
	videos with Atlantic Health for expectant parents addressing good nutrition and physical
	activity for their babies and young children.
	Sussex County Division of Health Special Child Services: case management free of charge,
	for children from birth to children 22 years, that have special health care needs.
	Assessment, resources and referrals.
	Zufall Health: Health care practitioner are Family Practice specialists. Routine care is
	provided, including vaccinations, recommended screenings and referrals to community
	resources.
	Sussex YMCA: Before and after school program, summer camp. Y-First Family for 12 years
	and up, include social and physical activity classes, MSI (middle school initiative) free to all
	6 <sup>th</sup> -8 <sup>th</sup> graders.
	Alzheimer's Association: <i>Provider training</i> .

Provi	der training,	Bridgeway Behavioral Health Services: <i>Provider training.</i>	
espec	cially to inform	Community Hope: Provider training.	
and r	efer to	County of Sussex Skylands Ride: <i>Provider training.</i>	
existi	ing programs	Family Partners of Morris & Sussex Counties: <i>Provider training.</i>	
		Opioid Response Network: <i>Provider training.</i>	
		Project Self-Sufficiency: Provider training.	
		Sussex County Division of Health Office of Public Health Nursing: Provider training.	
State	and federal-	Community Hope: Refferals.	
funde	ed MCH	DAWN Center for Independent Living: Serves as Early Intervention Service Coordination	
progr	rams (e.g.,	Unit for Morris County, assists families based on children's developmental needs.	
Proje	ct Self-	Norwescap: Child and Family Resource Services (CFRS), including Childcare Subsidy,	
Suffic	ciency,	Childcare for Homeless Families, Referrals to Early Education Programs/Community	
	WESCAP,	Resources/Child Development Information.	
includ	ding Early	Project Self-Sufficiency: Connecting NJ Hub for Sussex/Warren to link families to 3	
Head	Start	evidence-based home visitation program; 3 evidence based home visitation programs.	
begin	nning at	Including Nurse Family Partnership, Healthy Families and Parents at Teachers; Early	
pregr	nancy)	Childhood specialist to promote early childhood development, on-site childcare center,	
		Healthy Women, Healthy Families program, Sussex County Council for Young Children.	

	Category : Mental Health/Substance Use					
Goal: Expand acces	Goal: Expand access to prevention and treatment by improving coverage of mental health and substance abuse services					
Outcome Objective	Outcome Objective: Increase prevention and treatment by 3%					
	Interventions	Partner Organizations' Programs and Services	Metrics			
Mental Health/Substance Use	Counseling and therapy access, including individual and group support	Advance Housing Inc.: Counseling and therapy. Bridgeway Behavioral Health Services: Counseling and therapy. Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: Counseling and therapy Center for Family Services Inc.: Counseling and therapy.	Collectively impact Sussex residents by 2026.			

	Charlie Health: virtual intensive outpatient services for adolescents and young adults struggling with mental health and substance use disorders; Peer supported group therapy; individual therapy; family therapy; psychiatry/medication management. Open support groups for families. Case Management.  Center for Prevention and Counseling: Family/Individual programs, anger management program.	
	Community Hope: Community Support Services Program. County of Sussex Skylands Ride: Counseling and therapy.  DASI: Counseling and therapy. Family Partners of Morris & Sussex Counties: Provide support, education, and advocacy for families with mental health, emotional, behavioral, or DD challenge, support groups.  MHA of Essex and Morris: Counseling and therapy. NewBridge Services: Individual and family counseling and therapy. Prasada In Home: In-home therapy to children. Project Self-Sufficiency: Counseling and therapy. Real Talk NJ LLC: Counseling and therapy. Tri County Behavioral Care: Individual counsling; family counseling. School based counseling. Equine supported therapy.	
	Sussex County Dept. of Human Services: Sussex County Division of Community and Youth Services; Mental Health, Substance use, Youth services, Human services. Referrals to Hope and Serenity Recovery Community Center and other programs.  Youth Advocate Program Morris Sussex: Counseling and therapy.  Sussex County Division of Senior Services: Information and Referrals	
Depression and anxiety screenings	Sussex County Division of Senior Services: Information and Referrals Bridgeway Behavioral Health Services: Depression and anxiety screenings. Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: Depression and anxiety screenings. County of Sussex Skylands Ride: Depression and anxiety screenings. MHA of Essex and Morris: Depression and anxiety screenings. NewBridge Services: Psychiatric evaluations. Prasada In Home: Depression and anxiety screenings.	

Drug intervention programs	Project Self-Sufficiency: Depression and anxiety screenings. Real Talk NJ LLC: Depression and anxiety screenings. Sussex County Dept. of Human Services: Referrals to Hope and Serenity Recovery Community Center, DBSA group and all other services related to mental health. Zufall Health: Provided for Zufall patients  Bridgeway Behavioral Health Services: Drug intervention programs Center for Prevention and Counseling: Outpatient and intensive outpatient treatments for substance use, substance use evaluations, Opioid Overdose Recovery Program (OORP), Support Team for Addiction Recovery Program (STAR), peer recovery support, 24/7 call line for treatment navigation. Community Hope: Community Support Services Program. Opioid Response Network: Provide training and guidance to individuals and organizations to address the opiod and stimulant crisis.
	Real Talk NJ LLC: Counseling.  Sussex County Dept. of Human Services: Referrals to Hope and Serenity Recovery Community Center. MAC and CASS, Community and Youth Services: Alcohol and Substance abuse service, Information and Referrals Zufall Health: Intensive case management and recovery support services for opioid dependent pregnant and postpartum women
Mental Health First Aid	Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: <i>MHFA</i> . Center for Prevention and Counseling: <i>MHFA</i> . Family Partners of Morris & Sussex Counties: <i>MHFA</i> . MHA of Essex and Morris: <i>MHFA</i> . NewBridge Services: <i>MHFA</i> . Project Self-Sufficiency: <i>MHFA</i> .
Narcan administration trainings Other	Center for Prevention and Counseling: Narcan administration trainings.  Sussex County Dept. of Human Services: Referrals to Hope and Serenity Recovery Community Center.  DAWN Center for Independent Living: Referrals and guidance for individuals with co-
Other	occurring disabilities.  Family Partners of Morris & Sussex Counties: Education, referrals.  Fitness Knocking: Referrals.

Recovery Support Services  School mental health interventions	NewBridge Services: Psychotropic medication prescriptions and monitoring. Prasada In Home: In-home mental health services (see Maternal & Child Health Section) and referrals. Project Self-Sufficiency: Training on Adverse Childhood Experiences (ACEs), employment training, and high school equivalency. Sussex County Dept. of Human Services: Training for provider at Sussex County Division of Community and Youth Services for Mental Health , Substance use, Youth services, Human services. Sussex County Division of Health Office of Public Health Nursing: Referrals to community programs such as Center for Prevention and Counseling, Newton Medical Center Behavioral Health, NAMI. Wellness HUB, Mental Health Association: Early Intervention Support Services, a Mental Health Urgent Care and Drop-in Support Center.  Center for Prevention and Counseling: Recovery support services. Sussex County Dept. of Human Services, Division of Community and Youth Services: Information and Referrals, mental health peer support. Center for Prevention and Counseling: School Based Prevention Programs. MHA of Essex and Morris: School mental health interventions. Real Talk NJ LLC: School mental health interventions. Sussex County Child Health Crisis (Obesity) Workgroup: Child study teams, referrals to	
	Behavioral Health, NAMI. Wellness HUB, Mental Health Association: Early Intervention Support Services, a Mental Health Urgent Care and Drop-in Support Center.  Center for Prevention and Counseling: Recovery support services.  Sussex County Dept. of Human Services, Division of Community and Youth Services:	
health	Center for Prevention and Counseling: School Based Prevention Programs.  MHA of Essex and Morris: School mental health interventions.  Real Talk NJ LLC: School mental health interventions.	
Smoking & vaping cessation program	Bridgeway Behavioral Health Services: Smoking & vaping cessation programs.	

#### Category: Miscellaneous Goal: Address and combat economic instability by promoting services in Sussex County Outcome Objective: Increase the promotion of services and outreach programs Interventions Partner Organizations' Programs and Services Time Frame Bridgeway Behavioral Health Services: Economic support services Miscellaneous **Social Justice** Collectively impact Bridgeway-Sussex Community Support Team - Bridgeway Rehabilitation Services: Advocacy Sussex residents by **Homeless Services** Economic support services 2026. Transportation Community Hope: Transitional and permanent supportive housing and eviction diversion programs. County of Sussex Skylands Ride: Transportation services. Family Partners of Morris & Sussex Counties: Provide intensive peer to peer support to families by (1) Participating in a strategic partnership with CMO, (2) Engaging in community development, (3) Providing peer-to-peer support for families with children at the highest levels of care management, (4) Educating families about the Children's System Of Care and their child's challenges, (5) Employing wraparound values and principles, (6) Educating families to advocate in their child's and family's best interest, (7) Monitoring service providers for family involvement, family "friendliness" and family focus, (8) Advocating for system change when necessary, and (9) Ensuring the family voice to be heard. **Project Self-Sufficiency**: Connecting NJ – assessment of needed care, information and referral, over the phone case management, application assistance. Sussex County Division of Senior Services: Economic support services Sussex YMCA: Financial assistant for lower income individuals to join the YMCA by

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applying and be granted a scholarship.