## August 2025

| Sun  | Mon   | Tue  | Wed   | Thu   | Fri  | Sat            |
|------|---|--|---|---|--|----------------|
|      |   |  |   |   | 1  |                |
|      |   |  |   |   |  |                |
|      |   |  |   |   |  |                |
|      |   |  |   |   |  |                |
|      |   |  |   |   | Chicken Francaise, Mashed  |                |
|      |   |  |   |   | Potatoes, Brussel Sprouts,   |                |
|      |   |  |   |   | Rye Bread, Pineapple   |                |
|      | 3 4   | 5  | 6   | 7   | 8  |                |
|      |   |  |   |   |  |                |
|      |   |  |   |   |  |                |
|      | Spaghetti and Meatballs,                          |  | Pan Seared Pork Loin with                         | **Summer Fruit and Chicken                            | Roast Beef with Gravy,   |                |
|      | Marinara Sauce, Bermuda                           | 9 /  | Mushroom Sauce, Roasted                           |   | Mashed Potatoes,   |                |
|      | Blend, Wheat Roll, Fruit                          |  | Potatoes, Italian Blend, Rye                      | and Arugula, Beets, Angel                             | Asparagus, Wheat Roll,   |                |
|      | Cocktail  | Roll, Peaches  | Bread, Vanilla Pudding                            | Food Cake, Rye Bread                                  | Mandarin Orange  |                |
|      | 11  | 12   | 13  | 14  | 15   |                |
|      |   |  |   | Hot Open Face Turkey                                  |  |                |
|      | Laman Chiakan with Crave                          |  | Det Deset with Crown                              | Sandwich on Wheat Bread                               | Stuffed Chicken Breast with  |                |
|      | Lemon Chicken with Gravy, Mashed Sweet Potatoes,  | Mac & Cheese, Stewed                                 | Pot Roast with Gravy,<br>Mashed Potatoes, Bermuda | with Gravy, Cranberry<br>Sauce, Mashed Potatoes,      | Gravy, Herbed Rice, Asian  |                |
|      | Spinach, Wheat Roll,                              | Tomatoes, Broccoli, Wheat                            | Blend, Rye Bread, Oatmeal                         |   | Blend, Wheat Roll, Mandarin  |                |
|      | Chocolate Pudding                                 | Bread, Pears   | Raisin Cookie                                     | Pineapple   | Oranges  |                |
|      | 18  | 19   | 20  | 21  | 22   |                |
|      |   |  | Beef Taco with Soft Four                          |   |  |                |
|      |   |  | Tortilla, Salsa, Light Sour                       |   |  |                |
|      |   |  | Cream, Lettuce, Tomato,                           | Barbecue Chicken Thigh,                               | **Baked Cod with Lemon   |                |
|      | Beef Stroganoff, Egg<br>Noodles, Brussel Sprouts, | Chicken Marsala, Herbed<br>Rice, Scandinavian Blend, | Shredded Cheddar, Rice and Beans, Broccoli, Fruit | Mashed Potatoes with Gravy,<br>Asparagus, Rye Bread,  | Sauce, Mashed Potatoes,<br>Spinach, Wheat Roll,  |                |
|      | Carrots, Wheat Roll, Gelatin                      | Rye Bread, Angel Food Cake                           |   | Apple Pie   | Peaches  |                |
|      | 25  |  |   | 28  |  |                |
|      |   |  |   |   |  |                |
|      | **Rosemary Garlic Chicken                         |  |   |   |  |                |
|      | with Gravy, Baked Potato,                         | D 01 1 5 5:  |   |   |  |                |
|      | Light Sour Cream, Bermuda<br>Blend, Wheat Bread,  | Pepper Steak, Brown Rice,                            | Chicken Parmesan, Pasta,<br>Marinara Sauce, Green | Sweet and Sour Pork Loin,<br>Brown Rice, Asian Blend, | Meatloaf with Gravy, Mashed Potatoes, Italian Blend,   |                |
|      | Mandarin Oranges                                  | Peas, Rye Bread, Tapioca Pudding                     | Beans, Wheat Bread, Pears                         | Rye Bread, Gelatin                                    | Wheat Bread. Watermelon  |                |
|      |   |  |   | ,   | The state of the s |                |
|      |   |  |   |   |  |                |
|      |   |  | **Meals on Wheels A                               | ulternatives: (8/7): Chicke                           | n Salad Platter, Lettuce/٦   | Γomato, Rye Br |
|      |   |  | Beets, Angel                                      | Food Cake (8/22): Stuff                               | ed Pepper (8/25): Mashe  | ed Potatoes    |
|      |   |  |   | ` ,   | ,  |                |
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<sup>\*</sup>All Meals Served with Milk and Juice