

SENIOR SERVICES
RESOURCE DIRECTORY
2008

County of Sussex
Department of Human Services
DIVISION OF SENIOR SERVICES
One Spring Street, 2nd Floor
NEWTON, NJ 07860
973-579-0555
www.sussex.nj.us/seniorservices

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County of Sussex
Department of Human Services
DIVISION OF SENIOR SERVICES

OUR MISSION

The mission of the Sussex County Division of Senior Services is to enable older individuals and/or their caregivers to choose from a coordinated system of services that enable seniors to live as independently as possible in their homes and in their communities while enjoying a dignified quality of life.

RESOURCE DIRECTORY FOR THE ELDERLY AND THEIR CAREGIVERS

We are pleased to provide this comprehensive “Senior Services Resource Directory” as just one of our mission-driven initiatives. This guide includes the most current information regarding a wealth of resources and support services available to seniors and their caregivers. This directory is also available at our web-site: www.sussex.nj.us/seniorservices

Those who are 60+ years of age may be eligible for a variety of these services that are funded by federal, state and county funds as well as private foundations and charities. Many services coordinated by the Sussex County Division of Senior Services are funded through Title III of the Older Americans Act.

Sussex County is part of NJ EASE (Easy Access, Single Entry), a State initiative that promotes the well-being of New Jersey seniors by providing easy, local access to a coordinated system of consumer responsive services. NJ EASE is designed to foster the independence and dignity of individuals of at least 60 years of age, regardless of financial status, enabling them to select from an array of quality cost-effective programs that prolong self-sufficiency.

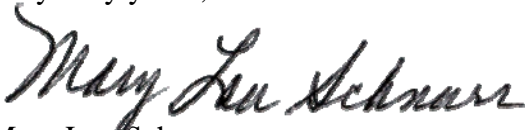
NJ EASE toll-free number: 1-877-222-3737

Sussex County Division of Senior Services number: 973-579-0555
e-mail: seniorservices@sussex.nj.us

Our hours are Monday thru Friday, 8:30 am to 4:30 pm. Please feel free to contact us if we can be of further assistance. Our professional staff will be able to provide information, and referrals will be made to the appropriate programs or agencies if we are unable to provide the service needed directly through our office. We are also available to speak to community groups regarding the services provided through the Division of Senior Services.

We look forward to serving you!

Very truly yours,



Mary Lou Schnurr
Director

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ADULT DAY CARE

Social/Recreational Day Care is available for those in need of supervised activities outside the home. Programs are geared to the participants' interests and capabilities. Snacks/lunch may be provided.

Sussex County Adult Day Center

55 Mill Street
Newton, NJ 07860
973- 579-6699

Provides weekday care and limited transportation from 7:30 A.M. to 5:00 P.M.

SCARC Adult Day Care

Andover Senior Center, Hillside Park
150 Lake Iliff Road, Andover, NJ 07821
973-383-0468

*Adult day care center for persons who are elderly with developmental disabilities.
9:30 a.m. – 2:30 p.m. Monday through Friday*

ADVOCACY

Lawyers Referral Service

973-267-5882 (9:00 AM –1:00 PM)

Provides a complete lawyer referral service for Sussex and Morris Counties. \$25.00 ½ hour consultation fee.

Legal Services of Northwest Jersey

18 Church Street, Suite 120

Newton, NJ 07860

973-383-7400

www.lsnj.org/lsnwj

Provides legal assistance including welfare and social security issues, utility problems and shutoffs. Available for seniors age 60+, based on eligibility.

NJ Department of Civil Rights

1-609-292-4605

www.njcivilrights.com

Provides information on retirement and age discrimination.

NJ Office of the Ombudsman

1-877-582-6995

For the Institutionalized Elderly.

New Jersey Protection and Advocacy, Inc.

210 So. Broad St, 3rd Floor

Trenton, NJ 08625

1-609-292-9742

In NJ only 1-800-922-7233

(TTY) 1-609-633-7106

Provides protection and advocacy for people with disabilities in NJ.

Northwest NJ Regional Women's Center

Centenary College

400 Jefferson Street

Hackettstown, NJ 07840

1-908-852-9365

Provides a legal clinic and counseling service for seniors.

Project Self-Sufficiency

P O Box 322

Newton, NJ 07860

973-383-5129

Offers a free 45-minute consultation with an attorney based on income guidelines.

Prosecutor's Office

19-21 High Street

Newton, NJ 07860

973-383-1570

Provides information and assistance under the Criminal Act for victims of crime who are 60 years old or older.

Public Defenders

20 East Clinton Street

Newton, NJ 07860

973- 383-9445

Public Guardian for Elderly

1-609-943-3519

Adults serves as guardian or conservator for seniors who are unable to act on their own behalf and who have no family/friends willing to accept this responsibility.

Sussex County Surrogate

4 Park Place

Newton, NJ 07860

973-579-0920

Provides assistance in appointing Executors, Administrators and Guardians. Outreach program available for in-home and office visits.

ALCOHOLISM/ADDICTIONS

Addiction Hot Line (24 HOURS)

1-800-238-2333

Alcoholics & Drug Hotline

1-800-322-5525

Provides information, referral, short-term counseling, educational material, a self-help directory, a lending library and FOCUS, a co-dependency educational support group.

Center for Prevention and Counseling

61 Spring Street, 3rd Floor

Newton, NJ 07860

973-383-4787

Provides literature and counseling. Speakers are available to senior citizen groups for information on Senior Sense Programs.

Sussex County Office of Substance Abuse

135 Morris Turnpike

Newton, NJ 07860

973-948-6000

ALZHEIMER'S INFORMATION & SUPPORT GROUPS

Alzheimer's Helpline

1-800-424-2494

Offers information, counseling, referrals and support.

Alzheimer's Association Greater Northern NJ Chapter

400 Morris Avenue, Suite 251

Denville, NJ 07834

1-800-883-1180 Multiple languages capability, 24/7

www.alzheimers.org

Provides telephone helpline, information and referrals, locator program for lost patients, caregiver support groups, education and respite program.

Alzheimer's Project Lifesaver

973-579-0850 (Sussex County)

1-888-572-8566 (Alzheimer's Safe Return)

A program of the Division of Senior Services and the Sussex County Sheriff's Office. An Alzheimer's patient wears a bracelet that enables the Sheriff's Office to track a lost and wandering person quickly.

Caregiver Support Groups

Andover Sub-Acute & Rehab Center

99 Mulford Road, Andover, NJ 07821

973-383-6200 Ext. 211

Meets on 4th Tuesday of the month, 11:30 AM.

Bristol Glen

200 Bristol Glen Drive, Newton, NJ 07860

973-940-6310 Ext. 1112

Meets on the 2nd Friday of the month.

Sussex County Homestead

129 Morris Turnpike, Newton, NJ 07860

973-948-5400 x 3140

Meets on the last Tuesday of the month, 5:30-6:30 PM.

Visiting Nurse Association of St. Clare's, Inc.

191 Woodport Road, Sparta NJ 07871

973-729-7078

Alzheimer's Support Group, meets 2nd Wednesday of the month, 7-9 PM.

ASSOCIATIONS/SOCIETIES

American Cancer Society (Sussex Unit)

669 Littleton Road, Parsippany, NJ 07054

973-331-9300

National Center: 1-800-227-2345 24/7

www.cancer.org

Offers visitation programs, transportation and financial assistance.

American Diabetes Association

1701 North Beauregard Street, Alexandria VA 22311

1-800-232-3472

American Heart Association

2550 Route 1, North Brunswick, NJ 08902

1-800-634-1242

American Red Cross (Local Chapter)

93 Spring Street, Newton, N J 07860

973-579-1600

Arthritis Foundation

200 Middlesex Turnpike, Iselin, NJ 08830

732-283-4300

FAX: 732-283-5482

CLUBS, ASSOCIATIONS and RECREATION

American Association of Retired Persons (AARP)

601 E Street NW
Washington, DC 20049
202-434-2277

Offers travel service, discount privileges on car rentals, hotels and motels. Publishes monthly magazine. Lobbying group for older persons. Provides many more services for nominal annual dues.

NJ Division of Fish & Wildlife

501 East State Street, 3rd Floor
PO Box 400, Trenton, NJ 08625
609-292-2965

Provides discounts for seniors on fishing and hunting licenses.

NJ Division of Parks & Forestry

609-984-0370

www.njparksandforests.org

State Parks, Forests and Historic Sites provide free entry to individuals 62+. Apply at a State Park for a Senior Citizen Pass for free entry and free parking. Or come to Division of Senior Services in Newton for an application.

Clubs for Senior Citizens

*Contact your own municipality for information or call Senior Services at **973-579-0555**.*

Call your travel agent or individual airline for availability of senior discounts, coupon books, wheelchairs and special meals when traveling by plane.

CRISIS INTERVENTION

2-1-1 of Sussex County

NORWESCAP, Inc.
350 Marshall Street
Phillipsburg, NJ 08865
Call 2-1-1 or 1-877-661-4357 toll free
www.nj211.org

Free service providing easy access to the health, human services community resources, and government assistance people need every day as well as in times of crisis. Available 24 hours a day, 7 days a week.

Adult Protective Services

Sussex County Division of Social Services
83 Spring Street
Newton, NJ 07860
973-383-3600 x 5123 or x 5124
Email: scdss@oel.state.nj.us

Senior citizens who are unable to act on their own behalf, and are the victims of abuse and/or neglect, may receive assistance through this program. Anyone who has information on possible abuse may call the Division of Social Services.

Domestic Abuse Services, Inc. (DASI)

P O Box 805
Newton, NJ 07860
973-875-1211
973-579-2386
Provides shelter for battered women

Interfaith Hospitality Network

973-579-1180
Provides emergency shelter and food for a short period.

Samaritan Inn

48 Wyker Road
Franklin, NJ 07416
973-827-8911
Provides emergency housing and food. Provides referrals for housing.

Sussex County Division of Social Services

83 Spring Street
Newton, NJ 07860
973-383-3600 x 5123 or 5124
Provides Medicaid, food stamps and emergency assistance.

DISABILITY SERVICES

Blind and Visually Impaired - Newton Lions Club

973-383-5373

Offers assistance to persons with visually related problems, based on financial need.

DAWN Center for Independent Living

30 Broad Street, Suite 5, Denville NJ 07834-1235

973-625-1940 1-888-383-DAWN (toll free)

TTY: 973-625-1932

www.dawncil.org info@dawncil.org

Delta Dental Senior Smiles

973-971-5442

EyeCare America

1-800-222-3937

A program to match seniors (65+) with volunteer ophthalmologists for free medical eye exam. It is for those who have not seen an eye doctor in 3 years. There is no out-of-pocket expense.

Help Line for the Deaf

1-800-521-5247

For a relay call, Dial 711

Lighthouse International

800-829-0500

212-821-9566

www.lighthouse.org

National Board for the Deaf

1-734-522-2900

National Federation of the Blind

1-410-659-9314 or 1-908-813-8228 #632

NFB Newsline 1-888-882-1629

Newton Community Health Center (Dental Clinic)

238 Spring St, Newton NJ 07860

973-383-7001

Serves seniors and low-income families.

New Eyes for the Needy

973-376-4903

Provides free eyeglasses to those who qualify.

Sussex County Disability Services

135 Morris Turnpike, Newton, NJ 07860

973-948-6000 x 223

EDUCATIONAL PROGRAMS

DOROT University Without Walls

171 West 85th St, NY, NY 10024

973-763-1511

www.dorotusa.org

Low cost learning opportunities in the comfort of your own home. Over 100 courses available by phone in art, literature, history, current events, humor, music, health and wellness to name a few.

Elderhostel

11 Avenue DeLafayette

Boston, MA 02111-1746

1-877-426-8056 or 1-617-426-7788

www.elderhostel.org

Offers an extensive variety of programs, courses held on college campuses and accommodations often at two to four stars hotels worldwide.

Literacy Volunteers of America, Sussex County

P O Box 453

Newton, NJ 07860

973-300-9444

Provides tutors to help adults learn to read. Teaches English as a second language. Welcomes volunteers.

Rutgers Cooperative Extension Service

129 Morris Turnpike

Newton, NJ 07860

973-948-3040

Master Gardeners program.

Sussex County Community College

College Hill

Newton, NJ 07860

973-579-5400

Two year degrees, enrichment courses and seminars are available.

Sussex County Vocational and Educational School

105 North Church Road

Sparta, NJ 07871

973-383-6700

Educational and enrichment courses.

EMPLOYMENT ASSISTANCE

***Mandatory Retirement/Employment Age:** No employer may refuse to hire, employ, bar or discharge individuals for employment due to age. However, bona fide occupational age qualifications may be established and no employer is prevented from refusing to hire or promote an individual over the age of 70.*

**Department of Community Affairs, Workforce 55+
Senior Citizen Employment Resource Specialist**

12 Munsonhurst Rd
Franklin, NJ 07416
973-209-8501

Provides job training in non-profit organizations and placement in the private sector for those age 55+. Eligibility is based on income.

Newton One Stop Career Center

Route 206 North (Hampton Plaza)
Newton, NJ 07860
973-383-2775

FINANCIAL SERVICES

Direct Deposit

Contact your local bank if you would like your Social Security, supplemental security income or any retirement check deposited directly to your personal account.

Consumer Credit Counseling Service

185 Ridgedale Avenue
Cedar Knolls, NJ 07827
973-267-4324 or 1-888-726-3260

Provides individual budget and debt counseling. Fees regulated by NJ Department of Banking.

Money Management Program

Sussex County Division of Senior Services
83 Spring Street
Newton, NJ 07860
973-383-3600 x 5174

Designed to help clients manage monthly income, assists with paperwork in bill paying, help in writing checks.

FOOD AND NUTRITION PROGRAMS

CONGREGATE NUTRITION SITES- *Participants enjoy socialization, recreational activities and a nutritious mid-day meal that meets 1/3 of the minimum Recommended Daily Allowance (RDA).*

Transportation is available to the sites by calling Sussex County Transit at 973-579-0480. Meal reservations must be made 24 hours in advance by calling the specific location.

Franklin Senior Center

George Labance Lane
Franklin, NJ 07416
973-827-2973

Hopatcong Civic Center

32 Lakeside Blvd
Hopatcong, NJ 07843
973-398-9111

Liberty Towers

32 Liberty Street
Newton, NJ 07860
973-579-2120

Vernon Senior Center

21 Church Street
Vernon, NJ 07462
973-764-5454

MEALS ON WHEELS – *nutritious meals that meet 1/3 of the RDA are delivered to the homebound.*

Catholic Family & Community Services

48 Wyker Road
Franklin, NJ 07416
973-209-0123

Manna House

First Presbyterian Church
54 High Street
Newton, NJ 07860
973-579-6517

Provides free lunches to those with limited resources, Monday through Friday 11:30 am to 12:30 pm.

Sussex County Division of Social Services

83 Spring Street
Newton, NJ 07860
973-383-3600 x 5123

Food coupons can increase the food purchasing power of eligible low-income household

HEALTH ISSUES

Education, health screenings and a variety of programs are available at little or no cost to senior citizens. Contact your municipal Health Departments for available programs and services.

Hopatcong Health Department

111 River Styx Road
Hopatcong, NJ 07834
973-770-1200

Sussex County Department of Environmental and Public Health Services

One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0370

Sussex County Office of Public Health Nursing

One Spring Street
Newton, NJ 07860
973-579-0570 x 1211

Vernon Township Health Department

Municipal Center
21 Church Street
Vernon, NJ 07462
973-764-4055

**HEALTH INSURANCE
MEDICARE/MEDICAID COUNSELING**

Medicaid

Sussex County Division of Social Services
83 Spring Street
Newton, NJ 07860
973-383-3600 x 5123 or x 5124

Original Medicare Parts A & B

Medigap Insurance
Medicare HMOs
Pharmaceutical Assistance
Questions regarding Medical Providers and Billings
1-800-633-4227
TTY 1-877-486-2048

SHIP (State Health Insurance Program)

Sussex County Division of Senior Services
One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555 x 1223

Confidential, FREE assistance for Medicare/Medicaid beneficiaries provided by trained volunteers.

HOME HEALTH AND IN-HOME SUPPORT SERVICES

These various agencies serve seniors in Sussex County.

All Quality Care, Inc.

81 Main Street, Newton, NJ 07860
973-579-9333

Medical and non-medical services including Home Health Aides, Companions, Chore Workers.

As Needed

168 Route 15, Lafayette, NJ 07848
973-940-2000

Non-medical home help including meal preparation, laundry, errands, light housekeeping, etc.

Bayada Nurses

25-27 Dickenson Street, Ste 101, Dover, NJ 07801
973-328-1790
Home health care services.

Claddagh Home Care

145 Washington Street, Morristown, NJ 07967
973-598-9730

www.CladdaghHomeCare.com

Home health care services, light housekeeping, laundry, companionship, etc.

ComForcare

Washington, NJ 07882
1-866-615-1893 or 1-908-689-9074
www.comforcare.com

One Roxbury Mall, Succasunna, NJ 07876
973-316-1400

morrisnj@comforcare.com or www.comforcare.com

Non-medical home help including companions, live-in assistants, housekeeping, etc.

Comfort Keepers

One Mountain Blvd. Ste 201, Warren, NJ 07059
732-530-3636

Non-medical in-home care and person care on an hourly or live-in basis.

Compassionate Care Hospice

Dover, NJ 07801
973-537-5606
973-402-2267

Provides home care and inpatient hospice care in area hospitals for patients having a terminal illness.

Expert Home Care

100 Bayard Street, Suite 206, New Brunswick, NJ 08901

908-850-1200

Live-in home care specialists/short term/respice.

Grannies Nannies

30 Mohawk Avenue, Rockaway, NJ 07866

973-784-4890

gnannies@optonline.net

Non-medical services including personal care, companionship, light housekeeping, handyman services, etc.

Home Instead

3175 Rte 10 East, Ste 100, Denville, NJ 07834

973-442-8383

In Home Health Services

376 Lafayette Road, Sparta, NJ 07871

973-579-6660

Medical and non-medical services including nursing, therapies, home health aides, homemakers, etc.

Karen Ann Quinlan Center of Hope Hospice

99 Sparta Avenue, Newton, NJ 07860

973-383-0115

Provides home care and inpatient hospice care in area hospitals for patients having a terminal illness. Attending physician must approve admission to the Hospice Program.

Loving Care Agency, Inc.

66 East McFarlan Street, Dover, NJ 07801

973-659-9119

Home healthcare services. Multi-lingual.

Newton Memorial Hospital, Community Benefits

175 High Street, Newton, NJ 07860

973-579-8340

Provides comprehensive senior care programs, including physician, nursing, social work and visiting nurse agency.

Personal Touch

Hackettstown NJ 07840

908-979-0777

Non-medical in-home support services including companionship, meal prep, light housekeeping, bill-paying, etc.

PSA Health Care

34 B White Lake Road, Sparta, NJ 07871

973-579-5355

Provides nursing services and in-home care.

Senior Helpers

973-288-8031

Provide personal and companion, in-home care.

Statewide Respite Care Program

Visiting Nurse Association of Saint Clare's, Inc.

191 Woodport Road, Sparta, NJ 07871

973-729-7078

1-800-VNA-7078

Provides respite for the caregiver of anyone over the age of 18 who is disabled, ill or elderly.

Services may include home health aides, companions, temporary in-patient care in residential or long term care facility, adult medical or social day care, etc.

Visiting Nurse Association of Saint Clare's

191 Woodport Road, Suite 203 A.

Sparta, NJ 07871

973-729-7078

Provides skilled nursing, physical, occupational and speech therapies, social work, home health aides.

HOME MAINTENANCE / REPAIRS

Christian Outreach Project

P O Box 352

Denville, NJ 07834

973-625-4911

Summer season home maintenance and repairs, ex. painting. Financial assistance available.

Rural Development

1-908-852-5424 x 4

Provides financial help through loans and grants to eligible seniors.

Residential Maintenance of NORWESCAP

973-383-6020

1-888-454-4778

Provides minor home repairs and assists seniors who do their own maintenance.

HOSPICE

Care and support are available to the terminally ill and their loved ones. Services include home health aides, companionship and spiritual care.

Karen Ann Quinlan Center of Hope Hospice

99 Sparta Avenue
Newton, NJ 07860
973-383-0115
1-800-882-1117

Compassionate Care Hospice

973-402-4712
1-888-898-8989

Inpatient Unit at St Clare's Hospital, Dover for terminally ill loved ones. Also provides home care.

HOSPITALS / MEDICAL CENTERS

Your local hospital can refer you to a doctor to meet your specific medical needs.

Newton Memorial Hospital

175 High Street, Newton, NJ 07860

973-383-2121

973-579-8340

Bon Secours Community Hospital

160 E Main Street, Port Jervis, NY 12771

1-845-856-7000

1-888-888-1347

Morristown Memorial Hospital

100 Madison Avenue, Morristown, NJ 07962

973-971-5000

1-800-247-9580

Renal Center of Newton LLC

7 East Clinton Street, Newton, NJ 07860

973-940-0965

St. Anthony Community Hospital

15 Maple Avenue, Warwick, NY 10990

1-845-986-2276

St. Clare's Medical Center, Sussex Campus

20 Walnut Street, Sussex, NJ 07461

973-702-2600

1-866-782-5273

St. Clare's Medical Center

25 Pocono Road, Denville, NJ 0783

973-625-6000

1-866-782-5273

Sparta Cancer Center

89 Sparta Avenue, Sparta, NJ 07871

973-726-0005

FAX: 973-726-4668

Provides radiation and chemo therapy.

HOUSING

RENT GRACE: *By law, seniors over age 62, whose rent payment is due on the first day of the month, have five (5) days grace period. Information: 609-292-4174*

HOMELESSNESS PREVENTION: *NJ residents, who are unable to manage their rent/mortgage payments because of a temporary crisis, may be eligible for a one-time interest-free loan from the State:*

NJ Department of Community Affairs Homelessness Prevention

General information: 1-609-633-6204

Rental Assistance (*Office is in Newton.*): 973-383-0251

NJ Office of Landlord-Tenant Information: 1-609-292-4174

INDEPENDENT LIVING

Bristol Glen Continuing Care Retirement Community

200 Bristol Glen Drive, Newton, NJ 07860

973-300-5788

Brookside Terrace (Some apartments subsidized for seniors)

33 Mill Street, Newton, NJ 07860

973-383-6080

Carriage Acres (Mobile Home Park)

1 Tess Drive, Lafayette, NJ 07848

973-383-8689

Clove Hill Manor (55+ Adult Community)

Rte 23 South, Wantage, NJ 07461

For applications and information call the office:

118 Fairchild Lane

Wantage, NJ 07461

973-875-3217

Concetta Towers

75 Catlin Road, Franklin, NJ 07416

973-209-2808

Government subsidized, 62+/disabled.

Habitat for Humanity

973-383-8882

Hillside Estates

2 Skyview Drive, Franklin, NJ 07416

973-827-3707

Mobile HomePark

Hillside Manor

53 Unionville Ave, Sussex, NJ 07461

1-800-852-7899

USD/RD subsidized, 62+/disabled

For application:

Hillside Manor c/o Marge Van Thaden

37 Running Hills Dr

Newton, NJ 07860

973-383-3313

Knoll Heights Village

39 Trapasso Drive, Sparta, NJ 07871

973-729-4311

Government subsidized, 62+/disabled.

Knoll Shared Housing**Contact Knoll Heights Village**

973-729-4311

Government subsidized, 62+/disabled

Two 5 bedroom homes with private baths, shared living room, dining room, kitchen, laundry.

Liberty Towers

32 Liberty Street, Newton, NJ 07860

973-383-5191

Government subsidized, 62+/disabled.

Sandy Point Inc.

5 Wild Way, Lake Hopatcong, NJ 07849

973-663-0652

Mobile Home Park

Seasons at Sparta

84 Sparta Ave, Sparta, NJ 07871

973-729-1050

Sussex Seniors

Main Street, Sussex, NJ 07461

908-454-7000 Ext. 160

NORWESCAP subsidized, 62+, 11 units

ASSISTED LIVING AND BOARDING HOMES

**Bristol Glen (No subsidized rents)
Continuing Care Retirement Community**
200 Bristol Glen Drive, Newton, NJ 07860
973-300-5788

Bentley Assisted Living
3 Phillips Road, Branchville, NJ 07826
973-948-8884

Knoll View
8 Knoll Road, Sparta, NJ 07871
973-726-0520

Merriam House
131 Main Street, Newton, NJ 07860
973-383-1185

Westwind Manor
25 Main Street, Franklin, NJ 07416
973-827-6575

NURSING HOMES

Andover Sub-Acute & Rehab Center
99 Mulford Road, Andover, NJ 07821
973-383-6200
Medicare & Medicaid Certified

Barn Hill Care Center
249 High Street, Newton, NJ 07860
973-383-5600
Medicare & Medicaid Certified

Bristol Glen Continuing Care Retirement Community
200 Bristol Glen Drive, Newton, NJ 07860
973-300-5788

Sussex County Homestead
129 Morris Turnpike, Newton, NJ 07860
973-948-5400
Medicare & Medicaid Certified

Valley View Care Center
1 Summit Ave, Newton, NJ 07860
973-383-1450

LIBRARIES

Sussex County Library System

Offers inter-library loans, genealogical materials, reading programs, Literacy Volunteers, and cassettes for the blind and handicapped.

Main Library

125 Morris Turnpike (Homestead Road, Frankford)
Newton, NJ 07860
973-948-3660

Dennis Memorial Branch

101 Main Street
Newton, NJ 07860
973-383-4810

Dorothy E. Henry Memorial Branch

66 Route 94
Vernon, NJ 07462
973-827-8095

E. Louise Childs Memorial Branch

21 Sparta Road
Stanhope, NJ 07874
973-770-1000

Franklin Branch

103 Main Street
Franklin, NJ 07416
973-827-6555

Sussex-Wantage Branch

69 Route 639
Wantage, NJ 07461
973-875-3940

Sparta Municipal Library

22 Woodport Road
Sparta, NJ 07871
973-729-3101

Library services free for Sparta residents; others may pay a fee for use.

MEDICAL ALERT SYSTEMS

Personal emergency response systems can link you to 24 hours assistance at the push of a button.

AlertOne

1-800-693-5433

Health Watch

1-800-685-5252

In Home Health Services Lifeline

376 Lafayette Road, Suite 105

Sparta, NJ 07871

973-579-6660 x 112

LifeFone

1-800-882-2280 x 356

Medic Alert Foundation

1-800-432-5378

www.medicalert.org

Provides necklace and bracelet products with engraved notice about medical conditions.

Saint Clare's Lifeline

191 Woodport Road

Sparta, NJ 07871

973-726-6520

1-888-343-1991

MEDICAL EQUIPMENT

AM Ramp

162 Newark Avenue
Bloomfield, NJ 07003
1-800-649-5215
973-902-6957

Permanent or temporary ramps available.

Bach's Home Health Care Supply

136 Main Street
Hackettstown, NJ 07840
1-800-272-7043
908-813-3002 Or 3003

At Home Medical / Gallagher's Home Medical Equipment

79 Main Street
Ogdensburg, NJ 07439
973-827-8801
Fax: 973-827-1942

Medic Alert Foundation

1-800-432-5378
Non-emergency medical alert products.

NJ HealthCare Medical Equipment

274 Spring Street
Newton, NJ 07860
1-866-971-5478 24 hrs.
973-579-2151
FAX 973-579-2169

The Scooter Store

1- 866-724-5665
www.thescooterstore.com/am

MENTAL HEALTH/COUNSELING SERVICES

Individual and Family Counseling can assist seniors who are facing adjustments in their lives. Outreach workers can provide assistance to those who are reluctant to seek professional help.

Center for Mental Health Newton Memorial Hospital

175 High Street
Newton, NJ 07860
973-383-1533

Center for Mental Health at Vernon

212 Route 94
Vernon, NJ 07462
973-209-7000

Partnership for Social Services

48 Wyker Road
Franklin, NJ 07416
973-827-4702

Pride Institute Summit Oaks Hospital

Summit, NJ 07901
800-753-5223

Saint Clare's Health System

130 Powerville Road
Boonton Township, NJ 07005
973-316-1800

The Linn House/Third Street

St. Clare's Health Services
20 Walnut Street, Sussex, NJ 07461
973-702-2953

(Family support group meets: Wednesday 7:00 –8:00 PM.).

PHARMACEUTICAL PROGRAMS

For New Jersey Seniors

PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)

*This program assists low-income NJ residents who are aged (65) and/or disabled for the purchase of prescription drugs. Under the program, the PAAD clients pay \$ 5.00 for each prescription and are credited \$225 off the electric bill through Lifeline. For income eligibility, call **Senior Services, 973-579-0555.***

PAAD/Lifeline

Sussex County Division of Senior Services
One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555
1-877-222-3737
PAAD recipients are eligible for \$225 off electric bill.

PAAD Trenton, NJ
1-800-792-9745

Motor Vehicle Registration Discount: Available to PAAD recipients. Seniors should call the Division of Motor Vehicles for information. The discount depends on the age and weight of vehicle.
1-888-486-3339

SENIOR GOLD CARD

This is a NJ State program for those whose income exceeds the PAAD guidelines. Under this program, there is a \$2,000 cap for singles and \$3,000 cap on out-of-pocket expenses for covered prescriptions. Once your out-of-pocket expenses reach your maximum cap, you pay only \$15 per prescription during your annual eligibility period. For a Senior Gold Card application and information on income eligibility, contact Senior Services, 973-579-0555.

Familywise Prescription Drug Discount Card

Available from Sussex County Division of Senior Services
973-579-0555 or
United Way of Sussex County
973-579-3040
www.FAMILYWIZE.ORG

GARDEN STATE PRESCRIPTION SAVINGS PROGRAM

This program is designed to provide eligible Sussex County residents with savings of up to 50% on prescriptions. It is for those who do not have any prescription program. No age or income restrictions.
1-800-633-0037

REFERRAL SERVICES

2-1-1 of Sussex County

NORWESCAP, Inc.

350 Marshall Street

Phillipsburg, NJ 08865

Call 2-1-1 or 1-877-661-4357 toll free

www.nj211.org

Free service providing easy access to the health, human services community resources, and government assistance people need every day, as well as in times of crisis. Available 24 hours a day, 7 days a week.

Eldercare Locator

1-800-677-1116

This is a public service of the Administration on Aging, US Department of Health and Human Services. Service provides assistance in locating senior services throughout the country.

Operators are available Monday through Friday, 9:00 AM – 8:00 PM Eastern Time.

A Place for Mom

1-800-333-6554

Free senior care referral service, including housing.

Sussex County Division of Senior Services

One Spring Street

Newton, NJ 07860

973-579-0555

www.sussex.nj.us/seniorservices

email: seniorservices@sussex.nj.us

Information, assistance and referral to services, programs, entitlements for seniors.

Monday thru Friday, 8:30 Am to 4:30 PM.

SENIOR FRAUD

Elder Fraud Investigations Unit

(Newark Office)

973-504-6534

973-504-6317

Senior Hotline

1-877-746-7850

(For complaints)

Division of Consumer Affairs

973-504-6200

The Division of Consumer Affairs is responsible for enforcing the New Jersey Consumer Fraud Act and is dedicated to protecting the rights of citizens. This Division is also targeting the State's older citizens in an effort to identify and assist victims of fraud.

The Division of Consumer Affairs receives more than 3,000 home-improvement-related complaints each year. Warning signs:

1. Worker requests a large payment before work can begin.
2. Demands cash.
3. Says there is no need for a written contract.
4. Does not have a business address nor a State license number.

If you become a victim of identity theft, file a police report and keep a copy of it in case your creditors need proof of the crime. Never give out your Social Security Number over the phone or in person to a stranger.

SOCIAL SECURITY

Social Security Administration (Newton Office)

20 E. Clinton Street

Newton, NJ 07860

1-800-772-1213

Social Security is a federal insurance program to provide income security to those 65 and older, and to the disabled.

SUPPORT GROUPS

There are various support groups that meet throughout the County. The purpose of these groups is to offer mutual support and understanding to patients and/ or caregivers. Resources are shared. Guest speakers may present information. Some groups are listed here.

For more information, consult the local newspapers for times and locations of various support groups.

AIDS Task Force

Sussex County Office of Public Health Nursing

One Spring Street, 2nd Floor

Sussex County Administrative Building

Newton, NJ 07860

973-579-0570

Provides confidential information and referrals, support groups and advocacy for HIV/AIDS individuals, friends and family.

Alzheimer's Support Groups

Andover Sub-Acute & Rehab Center

99 Mulford Road, Andover, NJ 07821

973-383-6200 Ext. 211

Meets on 4th Tuesday of the month, 11:30 Am

Bristol Glen

200 Bristol Glen Drive, Newton, NJ 07860

973-940-6310 Ext. 1112

Meets on the 2nd Friday of the month.

Sussex County Homestead

129 Morris Turnpike, Newton, NJ 07860

973-948-5400 x 3140

Meets on the last Tuesday of the month, 5:30-6:30 PM.

Visiting Nurse Association of St. Clare's, Inc.

191 Woodport Road, Sparta NJ 07871

973-729-7078

Alzheimer's Support Group, meets 2nd Wednesday of the month, 7-9 Pm.

Arthritis

973-579-8340

Meets the 3rd Tuesday of the month, 1:00 PM at Newton Memorial Hospital.

Breast Cancer

973-579-8340

Meets the 2nd Tuesday of the month, 6:30 pm at the Sparta Health & Wellness Center. Co-sponsored by Newton Memorial Hospital and the American Cancer Society.

Diabetes

973-579-8340

Meets 1st Wednesday of each month, 10:00 AM at Newton Memorial Hospital.

Life After Cancer

973-579-8620

Meets the last Tuesday of each month, 6:30 PM at Newton Memorial Hospital.

Man-to-Man Prostate Cancer

973-579-8340

Meets the 3rd Tuesday of the month, 6:30 PM at the Sparta Health & Wellness Center. Co-sponsored by Newton Memorial Hospital and American Cancer Society.

Mended Hearts

973-579-8349

Provides encouragement to heart patients and their families during the time of healing, Offered through Newton Memorial Hospital Cardiac Rehab Department.

Parkinson's Disease

Robert Wood Johnson Hospital

One Robert Wood Johnson Place,

20 Albany Street, Suite 3601, New Brunswick, NJ 08901

1-732-745-7520

Call for referral to local support group.

Stroke

973-579-8600

Meets the 4th Tuesday of the month, 7:30 PM at Newton Memorial Hospital.

TAXES

NJ Division of Taxation

1-609-292-6400

Provides information on special exemptions and tax deductions available for seniors.

Property Tax Reimbursement

1-800-882-6597

Those who are eligible are homeowners, age 65 or older, or receiving Federal Social Security disability benefits, and who paid property taxes on their principal residence in New Jersey. Applicants must be NJ residents for at least 10 years, and living in their current home for the last 3 years. Applicants must meet certain income limits for both the “base year” (year the applicant first became eligible) and the application year.

Homestead Rebate

Automated 1-888-238-1233

Eligible homeowners are those who pay property taxes on their principal residence in New Jersey, and whose gross income does not exceed \$100,000 (\$40,000 for homeowners who are not 65 years of age or disabled.)

Inheritance Tax: *Any property that you inherit from your spouse is not subject to the Inheritance Tax.*

Senior Citizens’ Annual Property Tax Deduction: *Annual deduction of up to \$250 from property taxes for homeowners age 65 or older, or disabled, who meet certain income and residency requirements is administered by your local municipality.*

Veterans’ Deduction: *Annual deduction from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses is \$250. This benefit is administered by the local municipality.*

VITA (Volunteer Income Tax Assistance) *is available for seniors, people with disabilities and low-income individuals during income tax season through the Division of Senior Services. For an appointment call: 973-579-0555.*

Those who are homebound may make an appointment for a home visit.

TRANSPORTATION

ARC Ambulance Service

Located Andover Sub-Acute & Rehabilitation Center
973-383-7710
6:30 AM to 11:00 PM
Accepts Medicare & Medicaid.

Assisted Transportation

Catholic Family & Community Services
48 Wyker Road, Franklin, NJ 07416
973-209-0123
Provides transportation for medical appointments and shopping, with additional assistance as needed, . Ex: help from home to car.

Sussex County Transit

One Spring Street, Newton, NJ 07860
973-579-0480

Paratransit – for seniors and people with disabilities

In County - local errands: nutrition sites, dialysis, medical appointments, shopping, hairdresser, bank, community services, education/training, employment.

Out of County- non-emergency medical appointments, dialysis, therapy, radiation treatments, mental health, specialized hospitals, Veterans facilities.

Monday – Friday, 5AM – 6:30PM

No Fare – Suggested donations: \$1.50 in county; \$3.00 out of county

Reservation required: Call 973-579-0480, then, press 1

All vehicles are accessible.

Public Transit- available to the general public

Two (2) circular routes within Sussex County

Monday – Friday, 5AM – 6:30PM

Fare: \$.50 one way, exact change required

Monday – Friday, 5am – 6:30pm

Municipal Transit:

Some municipalities offer senior transportation services:

Byram Senior Transportation 973-347-2500

Newton Senior Shuttle 973-383-3522

Sparta Senior Transportation 973-729-8542

(For Sparta, call between 1:00 and 3:00 PM.)

NJ Transit Reduced Fair Program: Seniors, 62 or older, and handicapped individuals, can pay half fare on buses and trains in New Jersey, New York and Pennsylvania. This program is limited to off-hours, weekends and State Holidays. People 65+ may use their Medicare card for identification when purchasing a ticket. All others must complete an application for a reduced fare card. Applications are available from the Division of Senior Services: 973-579-0555.

NJ Division of Motor Vehicles 1-888-486-3339

UTILITY ASSISTANCE

Heating Fuel Assistance

NORWESCAP

1-888-454-4778 (Fuel emergency)

973-383-6020

973-209-7549

Assistance in paying fuel bills for eligible clients.

Lifeline

1-800-792-9745

PAAD card holders receive \$225 off their electric bill annually.

LIHEAP & USF

1-800-510-3102

Send e-mail to: energyassistance@ncat.org

www.acf.hhs.gov/programs/liheap/states.htm

Financial assistance for heating and cooling expenses for eligible clients.

NJ SHARES

1-866-657-4273

Financial assistance for electricity bills for eligible clients.

State of NJ Board of Public Utilities

2 Gateway Center

Newark, NJ 07102

1-800-624-0241

Addresses consumer issues.

State of NJ Board of Public Utilities, Office on Cable TV

2 Gateway Center, 8th Floor

Newark, NJ 07102

1-800-624-0331

Provides assistance in resolving consumer problems with local cable companies. (Call your local cable company first.)

VETERANS SERVICES

Veterans Services

5 South Park Drive

Newton, NJ 07860

973-383-4949

VA HOSPITALS AND CLINICS:

Castle Point VA Hospital

Rte 90

Castle Point, NY 12771

1-845-831-2000

East Orange VA Hospital

385 Tremont Ave

East Orange, NJ 07017

973-676-1000

Hudson Valley VA Clinic

150 Pike Street

Port Jervis, NY 12771

1-845-856-5396

Lyons VA Hospital

151 Knollcroft Road

Lyons, NJ 07939

1-908-647-0180

Morris Plains VA Outpatient Clinic

340 West Hanover Avenue

Morris Plains, NJ 07960

973-539-9794

Veterans' Property Tax Deduction: *Annual deduction from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses is \$250. This benefit is administered by the local municipality.*

VOLUNTEERISM

Volunteer opportunities are available throughout the County. Specialized training may be provided. Each community hospital has a volunteer program for those who enjoy working in a hospital environment.

Pass It Along

60 Blue Heron Road, Suite 100
Sparta, NJ 07871
973-726-9777

Provides various volunteer opportunities for seniors, and help for seniors seeking assistance with yard work, painting, etc.

RSVP: Retired and Senior Volunteer Program

P O Box 393
Franklin, NJ 07416
973 209-7487

Provides volunteer opportunities in Sussex County for seniors age 55+.

SCORE: Service Corps of Retired Executives

Sussex County Community College
College Hill
Newton, NJ 07860
973-300-2140

Offers counseling and advice on business concerns.

SEQUAL (Senior Quality of Life Foundation), Inc.

Opportunities to volunteer to be friendly visitors to homebound seniors through the Neighbor to Neighbor program. Training provided. Call if you would like to have a visitor or be a volunteer visitor.

973-940-9094

Info@sequalfoundation.org

SHIP – State Health Insurance Program Sussex County Division of Senior Services

One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555 x 1223

Volunteers provide free help to older persons who have problems with or questions about their health insurance.

V.I.T.A. (Volunteer Income Tax Assistance)

Sussex County Division of Senior Services
One Spring Street, 2nd Floor
Newton, NJ 07860
973 579-0555 x 1224 or 1-877-222-3737

Offers assistance and training on income tax preparation for seniors and those with limited resources.