

SENIOR SERVICES

RESOURCE DIRECTORY



County of Sussex
Department of Health and Human Services
DIVISION OF SENIOR SERVICES
One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555
www.sussex.nj.us/seniorservices

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Lorraine Hentz

**County of Sussex
Department of Health and Human Services
DIVISION OF SENIOR SERVICES**

OUR MISSION

The mission of the Sussex County Division of Senior Services is to empower older individuals, those 18 and older who are disabled, and/or their caregivers to choose from a coordinated system of services that enable seniors to live as independently as possible in their homes and in their communities while enjoying a dignified quality of life.

RESOURCE DIRECTORY FOR THE ELDERLY AND THEIR CAREGIVERS

We are pleased to provide this comprehensive “Senior Services Resource Directory” as just one of our mission-driven initiatives. This guide includes the most current information regarding a wealth of resources and support services available to seniors and their caregivers. This directory is also available at our web-site: www.sussex.nj.us/seniorservices

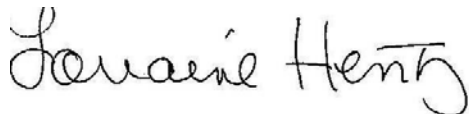
Those who are 60+ years of age may be eligible for a variety of these services that are funded by federal, state and county funds as well as private foundations and charities. Many services coordinated by the Sussex County Division of Senior Services are funded through Title III of the Older Americans Act.

Sussex County Division of Senior Services number: 973-579-0555
e-mail: seniorservices@sussex.nj.us

Our hours are Monday thru Friday, 8:30 am to 4:30 pm. Please feel free to contact us if we can be of further assistance. Our professional staff will be able to provide information, and referrals will be made to the appropriate programs or agencies if we are unable to provide the service needed directly through our office. We are also available to speak to community groups regarding the services provided through the Division of Senior Services.

We look forward to serving you!

Very truly yours,



Lorraine Hentz,
Director

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DISCLAIMER

Inclusion in this directory does not imply endorsement by the Sussex County Division of Senior Services.

ADVOCACY

Lawyers Referral Service

973-267-5882 (9:00 a.m. – 3:00 p.m.)

Fax: 973-605-8325

Email: www.morriscountybar.com

Provides a complete lawyer referral service for Sussex and Morris Counties. \$25.00 ½ hour consultation fee.

Legal Services of Northwest Jersey

18 Church Street, Suite 120

Newton, NJ 07860

973-383-7400

Fax: 973-383-3469

Website: www.lsnj.org/lsnwj

Provides legal assistance including welfare and social security issues, utility problems and shutoffs. Available for seniors age 60+, based on eligibility.

NJ Division on Civil Rights

973-648-2700

TTY: 973-648-4678

Website: www.nj.gov/lps/dcr

Provides information on retirement and age discrimination.

NJ Office of the Ombudsman

1-877-582-6995

Website: www.nj.dog/ooie

Email: ombudsman@advocate.state.nj.us

For the Institutionalized Elderly.

Disability Rights New Jersey

210 So. Broad St, 3rd Floor

Trenton, NJ 08608

1-609-292-9742

In NJ only 1-800-922-7233

TTY: 1-609-633-7106

Fax: 609-777-0187

Website: www.drnj.org

Provides protection and advocacy for people with disabilities in NJ.

Project Self-Sufficiency

127 Mill Street

Newton, NJ 07860

973-940-3500

973-940-3501

Email: pss@projectselfsufficiency.org

Offers a free 45-minute consultation with an attorney based on income guidelines.

Prosecutor's Office

19-21 High Street
Newton, NJ 07860
973-383-1570
Fax: 973-383-4929

Provides information and assistance under the Criminal Act for victims of crime who are 60 years old or older.

Public Defenders

20 East Clinton Street
Newton, NJ 07860
973- 383-9445
Fax: 973-383-9949

Public Guardian for Elderly

P.O. Box 812
Trenton, NJ 08625-0812
1-609-588-6500 – Fax: 1-609-588-7173
Website: www.state.nj.us/humanservices/doas/services

Adults serves as guardian or conservator for seniors who are unable to act on their own behalf and who have no family/friends willing to accept this responsibility.

Sussex County Surrogate

3 High Street, Suite 1
Newton, New Jersey 07860
973-579-0920
Fax: 973-579-0909

Website: www.sussex.nj.us
Email: surrogate@sussex.nj.us

Provides assistance in appointing Executors, Administrators and Guardians. Outreach program available for in-home and office visits.

ALCOHOLISM/ADDICTIONS

Addiction Hot Line (24 HOURS)

TOLL FREE: 1-844-276-2666

Alcoholics & Drug Hotline (National)

TOLL FREE: 1-800-662-4357

Provides information, referral, short-term counseling, educational material, a self-help directory, a lending library and FOCUS, a co-dependency educational support group.

Center for Prevention and Counseling

61 Spring Street, 3rd Floor

Newton, NJ 07860

973-383-4787

Fax: 973-383-6576

Email: info@centerforprevention.org

Provides literature and counseling. Speakers are available to senior citizen groups for information on Senior Sense Programs.

ALZHEIMER'S INFORMATION & SUPPORT GROUPS

Alzheimer's Helpline

1-800-272-3900

Offers information, counseling, referrals and support.

Alzheimer's New Jersey

400 Morris Avenue, Suite 251

Denville, NJ 07834

973-586-4300

Fax: 973-586-4342

1-800-883-1180 Multiple languages capability, 24/7

Website: www.alznj.org

Provides telephone helpline, information and referrals, locator program for lost patients, caregiver support groups, education and respite program.

Alzheimer's Project Lifesaver

973-579-0850 (Sussex County)

1-888-572-8566 (Alzheimer's Safe Return)

A program of the Division of Senior Services and the Sussex County Sheriff's Office. An Alzheimer's patient wears a bracelet that enables the Sheriff's Office to track a lost and wandering person quickly.

Caregiver Support Groups

Andover Sub-Acute & Rehab Center

99 Mulford Road, Bldg. 2, Andover, NJ 07821

973-383-6200 Ext. 211 Fax: 973-383-0359

Knoll Heights Village Senior Center

40 Trapasso Drive, Sparta, NJ

973-729-4311

Meets on the 3rd Tuesday of each month at 5:30 P.M.

United Methodist Homes at Bristol Glen

200 Bristol Glen Drive, Newton, NJ 07860

973-940-6310 Ext. 1112 Fax: 973-579-2351

Meets on the 2nd Friday of the month.

Visiting Nurse Association of St. Clare's, Inc.

191 Woodport Road, Suite 203A, Sparta NJ 07871

973-729-7078 Fax: 973-729-7057

Alzheimer's Support Group, meets 3rd Wednesday of the month, 7-9 PM.

AveCare at Newton – Alzheimer's/Dementia Home

85-1/2 Trinity Street, Newton, NJ 07860

(973) 362-1408 Fax: (973) 362-4528

Website: www.avecareatnewton.com

24 hour care and supervision, group daily activities, laundry and housekeeping.

ASSOCIATIONS/SOCIETIES

American Cancer Society (Sussex Unit)

Northwest NJ Region - Cedar Knolls

7 Ridgedale Ave, Suite 103

Cedar Knolls, NJ07927

Phone: (973) 285-8010

Fax: (973)285-8140

National Center: 1-800-227-2345 24/7

Website: www.cancer.org

Offers visitation programs, transportation and financial assistance.

American Diabetes Association

1701 North Beauregard Street, Alexandria VA 22311

1-800-342-2383

Website: www.diabetes.org

Email: AskADA@Diabetes.org

American Heart Association

1 Union Street, Suite 301, Robbinsville, NJ 08691

1-609-208-0020

Website: www.heart.org

American Red Cross (Local Chapter)

93 Spring Street, Newton, N J 07860

973-579-1600

Website: www.sussexredcross.org

Arthritis Foundation

555 U.S. 1, Iselin, NJ 08830

Toll Free: 888-467-3112

732-283-4300

Website: www.arthritis.org

CLUBS, ASSOCIATIONS and RECREATION

American Association of Retired Persons (AARP)

601 E Street, NW
Washington, DC 20049
Toll Free: 1-888-687-2277
202-434-2277
Website: www.aarp.org

Offers travel service, discount privileges on car rentals, hotels and motels. Publishes monthly magazine. Lobbying group for older persons. Provides many more services for nominal annual dues.

NJ Division of Fish & Wildlife

501 East State Street, 3rd Floor
PO Box 420, Trenton, NJ 08625-0420
609-292-2965
Website: www.njfishandwildlife.com

Provides discounts for seniors on fishing and hunting licenses.

NJ Division of Parks & Forestry

800-843-6420
Website: www.njparksandforests.org

State Parks, Forests and Historic Sites provide free entry to individuals 62+. Apply at a State Park for a Senior Citizen Pass for free entry and free parking. Or come to Division of Senior Services in Newton for an application.

Clubs for Senior Citizens

*Contact your own municipality for information or call Senior Services at **973-579-0555**.*

Call your travel agent or individual airline for availability of senior discounts, coupon books, wheelchairs and special meals when traveling by plane.

CRISIS INTERVENTION

2-1-1 of Sussex County

NORWESCAP, Inc.

350 Marshall Street, Phillipsburg, NJ 08865

908-454-7000

Website: www.nj211.org

Free service providing easy access to the health, human services community resources, and government assistance people need every day as well as in times of crisis. Available 24 hours a day, 7 days a week.

Adult Protective Services

Sussex County Division of Social Services

83 Spring Street, Newton, NJ 07860

973-383-3600

Fax: 973-383-3627

After hours, call 911 or local police

Email: scdss@oel.state.nj.us

Senior citizens who are unable to act on their own behalf, and are the victims of abuse and/or neglect, may receive assistance through this program. Anyone who has information on possible abuse may call the Division of Social Services.

Domestic Abuse Services, Inc. (DASI)

P O Box 805, Newton, NJ 07860

973-875-1211 or 973-579-2386

Fax: 973-579-3277

Website: www.dasi.org

Email: info@dasi.org

Provides shelter for battered women

Interfaith Hospitality Network – Family Promise

19 Church Street, Newton, NJ 07860

973-579-1180 Fax: 973-579-1307

Website: www.scihn.org

Provides emergency shelter and food for a short period.

Samaritan Inn

901 Swartwood Road, Newton, NJ 07860

973-940-8872

Website: www.samaritaninn.org

Email: Samaritaninndir@gmail.com

Provides emergency housing and food. Provides referrals for housing.

Sussex County Division of Social Services

83 Spring Street, Newton, NJ 07860

973-383-3600 x 5123 or 5124

Fax: 973-383-3627

Email: scdss@oel.state.nj.us

Provides Medicaid, food stamps and emergency assistance.

DISABILITY SERVICES

Zufall Health Center (Dental and Medical Clinic)

238 Spring Street, Newton, NJ 07860

973-862-6650

Website: www.zufallhealth.org

Serves seniors and low-income families.

Delta Dental Senior Smiles Program at Morristown Medical Center

973-971-5442

DAWN Center for Independent Living

34 White Lake Rd., Unit A, Sparta, NJ 07871

973-383-0871

TDD- 973-625-1932 Fax: 973-383-0641

Website: www.dawncil.org

Email Address: info@dawncil.org

Blind and Visually Impaired – (formerly Newton Lions Club)

Call and leave message.

973-579-7485

Offers assistance to persons with visually related problems, based on financial need.

National Federation of the Blind

1-410-659-9314 or 1-973-743-0075

NFB Newsline 1-888-882-1629

EyeCare America

1-800-222-3937

www.eyecareamerica.org

A program to match seniors (65+) with volunteer ophthalmologists for free medical eye exam. It is for those who have not seen an eye doctor in 3 years, are a US Citizen or legal resident, are 65 and older and do not belong to an HMO or the VA. There is no out-of-pocket expense.

New Eyes for the Needy

Website: www.New-Eyes.org

973-376-4903

Provides free eyeglasses to those who qualify.

Lighthouse International (New York City)

800-284-4422

Fax: 212-821-9707

www.lighthouseguild.org

Help Line for the Deaf

1-800-521-5247

For a relay call, Dial 711

National Board for the Deaf

1-301-587-1788

Fax: 1-301-587-1791

TTY 1-301-587-1789

New Jersey Division of Deaf & Hard of Hearing

NJ Department of Human Services

P.O. Box 74

Trenton, NJ 08625-0074

800-792-8339 or 609-588-2648

Personal Assistance Services Program (PASP)

973-579-0555 Ext. 1286 (Sussex County)

Toll Free New Jersey (1-888-285-3036)

If you are ages 18 -70, have a permanent physical disability; are employed, attending an educational or training program, or volunteering in the community; are living in the community; and are capable of directing and supervising your own services, you may be eligible to receive up to 40 hours of service per week, enabling you to maintain your independence in the community. Personal assistants help with tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation on this PASP program.

DRIVER SAFETY

The National Center on Senior Transportation has stated that, “Certain changes related to the aging process may make the highly complex skill of driving a car increasingly difficult. These include changes in vision, hearing, flexibility and strength. However, these changes are not consistent from one individual to another, and they do not happen at the same age in each person.”

The NCST (National Center on Senior Transportation) has recommended some steps to assure your ongoing safety as a driver. These include:

- Doing a self-assessment of your driving
- Taking a driver-refresher course
- Making adjustments in your automobile
- Changing your driving habits
- Getting an objective driving evaluation
- Consulting with a Driver Rehabilitation Specialist

Here are some web addresses that will take you more directly to the resources and web sites :

AAA Club: www.AAASeniors.com

AAA Roadwise Review Online: www.AAASeniors.com or www.seniordriving.aaa.com

Drive Sharp: www.drivesharpnow.com

Resources:

Refresher: www.aarp.org/drive

Evaluation: www.seniordriving.org

Reaction: www.drivesharpnow.com

New Car: www.AAASeniors.com

EDUCATIONAL PROGRAMS

DOROT University Without Walls

171 West 85th St, NY, NY 10024

212-769-2860

www.dorotusa.org

Low cost learning opportunities in the comfort of your own home. Over 100 courses available by phone in art, literature, history, current events, humor, music, health and wellness to name a few.

Literacy Volunteers of America, Sussex County

P O Box 453, Newton, NJ 07860

973-300-9444 Fax: 973-300-9444

Email: sboland@literacynj.org

Provides tutors to help adults learn to read. Teaches English as a second language. Welcomes volunteers.

Roadscholar (formerly known as Elderhostel)

11 Avenue DeLafayette, Boston, MA 02111-1746

1-800-454-5768

www.roadscholar.org

Offers an extensive variety of programs, courses held on college campuses and accommodations often at two to four stars hotels worldwide.

Rutgers Cooperative Extension Service

129 Morris Turnpike

Newton, NJ 07860

973-948-3040 Fax: 856-307-6476

Email: rcesc@njaes.rutgers.edu

Master Gardeners program.

Sussex County Community College

One College Hill, Newton, NJ 07860

973-300-2100

Website: www.sussex.edu

Discounted credit courses for those 65 and older. Two year degrees, enrichment courses and seminars are available.

Sussex County Vocational and Educational School

105 North Church Road, Sparta, NJ 07871

973-383-6700 Fax: 973-383-4272

Email: motoback@sussex.tech.nj.us

Educational and enrichment courses.

EMPLOYMENT ASSISTANCE

***Mandatory Retirement/Employment Age:** No employer may refuse to hire, employ, bar or discharge individuals for employment due to age. However, bona fide occupational age qualifications may be established and no employer is prevented from refusing to hire or promote an individual over the age of 70.*

**Department of Community Affairs, Workforce 55+
Senior Citizen Employment Resource Specialist**

Route 206 North (Sussex County Mall), Newton, NJ 07860

973-383-2775

Fax: 973-383-8350

Website: www.lwd.dol.state.nj.us/labor/wnjpin

Provides job training in non-profit organizations and placement in the private sector for those age 55+. Eligibility is based on income.

Pathstone Corporation

30 Moran Street, Suite 200, Newton, NJ 07860

(973) 940-0137

Provides job training in non-profit organizations and placement in the private sector for those age 55+. Eligibility is based on income.

FINANCIAL SERVICES

Direct Deposit

Contact your local bank if you would like your Social Security, supplemental security income or any retirement check deposited directly to your personal account.

Consumer Credit Counseling Service

185 Ridgedale Avenue, Cedar Knolls, NJ 07827

1-800-432-7310

Fax: 973-267-0484

Website: www.cccsnj.org

Provides individual budget and debt counseling. Fees regulated by NJ Department of Banking.

FOOD AND NUTRITION PROGRAMS

CONGREGATE NUTRITION SITES: Participants enjoy socialization, recreational activities and a nutritious mid-day meal that meets 1/3 of the minimum Recommended Daily Allowance (RDA). Transportation is available to the sites by calling Sussex County Skylands Ride at **973-579-0480**. Meal reservations must be made **BY 10:00 a.m.** the day **before** by calling the specific location.

Franklin Senior Center

George Labance Lane, Franklin, NJ 07416
973-827-2973

Hopatcong Civic Center

32 Lakeside Blvd., Hopatcong, NJ 07843
973-398-2608

Vernon Senior Center

21 Church Street, Vernon, NJ 07462
973-764-5454
Fax: 973-764-5560

MEALS ON WHEELS - 973-209-0123 – nutritious meals that meet 1/3 of the RDA are delivered to the homebound.

Catholic Family & Community Services

48 Wyker Road, Franklin, NJ 07416
973-209-0123
Email: agingservices@embarqmail.com

Manna House

First Presbyterian Church
54 High Street, Newton, NJ 07860
973-579-6517
Provides free lunches to those with limited resources, Monday through Friday 11:30 a.m. to 12:30 p.m..

Sussex County Division of Social Services

83 Spring Street, Newton, NJ 07860
973-383-3600 x 5123 Fax: 973-383-3627
Food coupons can increase the food purchasing power of eligible low-income household.

Mom's Meals

1-877-508-6667
\$6.49 per meal, minimum order 7
\$14.95 flat rate shipping per order
Website: www.momsmeals.com

HEALTH ISSUES

Education, health screenings and a variety of programs are available at little or no cost to senior citizens. Contact your municipal Health Departments for available programs and services.

Sussex County Department of Environmental and Public Health Services

201 Wheatsworth Road, Hamburg, NJ 07419

973-579-0370 Fax: 973-579-0399

Email: Health@sussex.nj.us

Sussex County Office of Public Health Nursing

201 Wheatsworth Road, Hamburg, NJ 07419

973-579-0570 x 1211 Fax: 973-579-0571

Email: Health@sussex.nj.us

**HEALTH INSURANCE
MEDICARE/MEDICAID COUNSELING**

Medicaid

Sussex County Division of Social Services
83 Spring Street, Newton, NJ 07860
973-383-3600 x 5123 or x 5124
Fax: 973-383-3627

Original Medicare Parts A & B

Medigap Insurance
Medicare HMOs
Pharmaceutical Assistance
Questions regarding Medical Providers and Billings
1-800-633-4227
TTY 1-877-486-2048

SHIP (State Health Insurance Program)

Sussex County Division of Senior Services
One Spring Street, 2nd Floor
Newton, NJ 07860
973-579-0555 x 1223
Fax: 973-579-0550

Confidential, FREE assistance for Medicare/Medicaid beneficiaries provided by trained volunteers.

HOME HEALTH AND IN-HOME SUPPORT SERVICES

Atlantic Home Care (formerly In Home Health Services)

465 South Street, Morristown, NJ 07960

973-379-8400

Medical services including nursing, therapies, home health aides, social workers. Medicare certified agency.

Atlantic Private Care

200 The American Road, Morris Plains NJ 07950

973-540-9000 Fax: 973-383-3292

Website: www.atlanticprivatecare.com

Home health care services, hourly, live-ins, nursing.

Bayada Home Health Care

8 South Morris St., Suite 301 Dover, NJ 07801

973-328-1790

Website: www.Bayada.com

Home health care services.

Caring Touch Home Care

8 Circle Drive

Sparta, NJ 07871

(862) 243-4000 Fax: (973) 243-4002

Website: www.Caringtouch.net

Home health care services, homemakers, companion care, live-in, 24-hour care.

Clover Rest Home

28 Washington Street, P.O. Box 223, Columbia, NJ 07832

908-496-4307 Fax: 908-496-8133

Website: cloverresthome@aol.com

Long term, short term, respite and hospice care.

ComForcare Senior Services

316 Rt. 46 Rockaway, NJ

973-316-1400

Website: Morrisnj@comforcare.com or www.comforcare.com

Non-medical home help including companions, live-in assistants, housekeeping, etc.

Compassionate Care Hospice

350 Sparta Avenue, Bldg. B, Suite 2, Sparta, NJ 07871

973-726-7510 886-523-5787

Website: www.cchnet.net

Provides home care and inpatient hospice care in area hospitals and nursing homes for patients having a terminal illness.

Family First HomeCare

374 Speedwell Avenue, Morris Plains, NJ 07950
(973) 328-7700

Website: www.FamilyFirstHomeCare.com

Homemaker services, transportation, shopping and errands, Alzheimer's care, respite care.

From the Heart Elder Care

2 Hamburg Avenue, Unit 1, Sussex, NJ 07461
Phone: 973-702-0209

Website: www.FromTheHeartElderCare.com

Non-medical services including meal preparation, light housekeeping, shopping, errands, drive and escort services to doctors, etc.

Gold Medal Home Health

2 Kiel Avenue, Unit 216, Kinnelon, NJ 07405
(973) 291-4622

Website: www.Goldmedalhomehealth.com

Home care (medical/non-medical), personal care, companion services, live-in home care, meal preparation, visiting private duty nursing, transportation, non-medical (shopping, errands)

Home Helpers

1220 Rt. 46 W, Suite 209, Parsippany, NJ 07054
973-588-7170 Fax: (973) 588-7171

Website: www.HomeHelpers.cc

Personal care, companionship, errands, housekeeping, transportation and more.

Home Instead

127 Belvidere Avenue, Washington, NJ 07882
908-835-1400 Fax: 973-970-9249

Website: www.homeinstead.com/325

Home helper, personal services, Alzheimer's/Dementia care, transitional care.

Independence At Home Services, LLC

21 Glover Lane South, Vernon, NJ 07462
973-764-9430 Fax: 973-764-9431

Website: www.lhsservices.biz

Non-medical home help including meal preparation, laundry, errands, light housekeeping, etc.

Karen Ann Quinlan Center of Hope Hospice

99 Sparta Avenue, Newton, NJ 07860
973-383-0115

Website: www.Karenannquinlanhospice.org

Provides home care and inpatient hospice care in area hospitals for patients having a terminal illness. Attending physician must approve admission to the Hospice Program.

PSA Health Care

1A Main Street, Unit 7, Sparta, NJ 07871

Phone: 973-512-2161

Fax: 973-579-7665

Website: www.psahealthcare.com

Provides nursing services and in-home care.

Preferred Care at Home

233 Sparta Avenue

Sparta, NJ 07871

(973) 512-5131

Provides Alzheimer Care, transportation, companionship, housekeeping, meal preparation, etc.

ResCare Home Care

350 Sparta Avenue, Suite 6B, Sparta, NJ 07871

973-370-2037

Website: www.ResCareHomeCare.com

Email: Cheryl.wallad@Rescare.com

Medical and non-medical services including Home Health Aides, Companions, Chore Workers.

Senior Helpers

277 Fairfield Road, Fairfield, NJ 07004

973-245-9842

Website: www.Seniorhelpers.com

Provides personal and companion, in-home care.

Statewide Respite Care Program**Visiting Nurse Association of Northern NJ/Affiliated Health Service**

175 South Street, Morristown, NJ 07960

973-451-4139 Fax: 973-539-3352

Provides respite for the caregiver of anyone over the age of 18 who is disabled, ill or elderly.

Services may include home health aide, social or medical adult day care, private duty nursing, in-patient respite, or line-in HHA. Limited services may be provided on a regular basis or short term, as in a caregiver emergency.

Visiting Nurse Association of Saint Clare's

1 Third Street, Sussex, NJ 07461

973-702-2862

Website: www.Saintclares.org

Provides skilled nursing, physical, occupational and speech therapies, social work, home health aides.

HOME MAINTENANCE / REPAIRS

Christian Outreach Project

1151 Gresham Road

Plainfield, NJ 07062-2022

(908) 755-4079

Website: www.christianoutreachproject.com

Email: christianoutreachproject@yahoo.com

Summer season home maintenance and repairs, ex. painting. Financial assistance available.

Rural Development

1-908-852-2576 Ext. 118

Provides financial help through loans and grants to eligible seniors.

Residential Maintenance and Safe Housing of NORWESCAP

908-454-7000

Provides minor home repairs and assists seniors who do their own maintenance.

Weatherization – New Heater, etc. No Ramps, No Snow removal, No lawn maintenance

HOSPICE

Care and support are available to the terminally ill and their loved ones. Services include home health aides, companionship and spiritual care.

Karen Ann Quinlan Center of Hope Hospice

99 Sparta Avenue, Newton, NJ 07860

973-383-0115 1-800-882-1117

Fax: 973-383-6889

Website: www.karenannquinlan.org

Compassionate Care Hospice

350 Sparta Avenue, Bldg. B, Suite 2, Sparta, NJ 07871

973-726-7510

Website: www.cchnet.net

Email: gmontella@cchnet.net

Provides home care and inpatient hospice care in area hospitals and nursing homes for patients having a terminal illness.

HOSPITALS / MEDICAL CENTERS

Your local hospital can refer you to a doctor to meet your specific medical needs.

Newton Medical Center

175 High Street, Newton, NJ 07860

973-383-2121 or 973-579-8340

Website: www.atlantichealth.org/newton/

Bon Secours Community Hospital

160 E Main Street, Port Jervis, NY 12771

1-845-856-7000 or 1-888-888-1347

Website: www.bonsecourscommunityhosp.org

Center for Mental Health Newton Medical Center

175 High Street, Newton, NJ 07860

973-383-1533

Website: www.atlantichealth.org/newton/

Morristown Medical Center

100 Madison Avenue, Morristown, NJ 07960

973-971-5000 or 1-800-247-9580

Website: www.atlantichealth.org/morristown/

Renal Center of Newton LLC

7 East Clinton Street, Newton, NJ 07860

973-940-0965

St. Anthony Community Hospital

15 Maple Avenue, Warwick, NY 10990

1-845-986-2276

Website: www.stanthonycommunityhospital.org

Saint Clare's Medical Center

25 Pocono Road, Denville, NJ 07834

973-625-6000 or 1-866-782-5273

Website: www.saintclares.org

Sparta Cancer Center

89 Sparta Avenue, Suite 130, Sparta, NJ 07871

973-729-7001

Zufall Community Health Center

238 Spring Street, Suite A, Newton, NJ 07860

973-862-6650

Website: www.zufallhealth.org

HOUSING

RENT GRACE: *By law, seniors over age 62, whose rent payment is due on the first day of the month, have five (5) days grace period. Information:* For a copy of the law, please write to the Office of Landlord-Tenant Information, contact [NJ Department of Community Affairs](#), P.O. Box 800, Trenton, NJ 08625-0800 or call **1-800-792-8820** or 609-292-4174; FAX 609-530-8858.

HOMELESSNESS PREVENTION: *NJ residents, who are unable to manage their rent/mortgage payments because of a temporary crisis, may be eligible for a one-time interest-free loan from the State:*

NJ Department of Community Affairs Homelessness Prevention

General information: 1-609-633-6204

Rental Assistance (*Office is in Rockaway*): 973-627-3428

NJ Office of Landlord-Tenant Information: 866-889-6270

INDEPENDENT LIVING

Brookside Terrace (Some apartments subsidized for seniors)

33 Mill Street, Newton, NJ 07860

973-383-6080 Fax: 973-383-3635

Website: www.brooksideterrace.com

Carriage Acres (Mobile Home Park)

1 Tess Drive, Lafayette, NJ 07848

973-383-8689

Concetta Towers

75 Catlin Road, Franklin, NJ 07416

973-209-2808

Government subsidized, 62+/disabled.

Franklin House Senior Housing

1 Mill Street, Suite 107, Franklin, NJ 07416

973-823-6395

Fax: 973-823-6394

Habitat for Humanity

1 Milk Street, Branchville, NJ

973-948-4850

Hillcrest Retirement Community

6000 Running Valley Road, Stroudsburg, PA 18360

570-629-2410

Website: www.hillcrestretirement.com

Hillside Estates

2 Skyview Drive, Franklin, NJ 07416

973-827-3707

Mobile Home Park

Hillside Manor

53 Unionville Ave, Sussex, NJ 07461

973-383-3313 or 1-800-852-7899

USD/RD subsidized, 62+/disabled

For application:

Hillside Manor

37 Running Hills Dr., Newton, NJ 07860

973-383-3313

Knoll Heights Village

39 Trapasso Drive, Sparta, NJ 07871

973-729-4311 Fax: 973-729-2750

Email: Knollvillage@tellurian.com

Government subsidized, 62+/disabled.

Liberty Towers

32 Liberty Street, Newton, NJ 07860

973-383-5191 Fax: 973-383-1181

Email: libtowers@nac.net

Government subsidized, 62+/disabled.

Paragon Village Senior Living Community

427 Route 46 East, Hackettstown, NJ 07840

908-498-0118

www.paragonvillage.com

Sandy Point Inc.

5 Wild Way, Lake Hopatcong, NJ 07849

973-663-0652

Mobile Home Park

Seasons at Sparta

84 Sparta Ave, Sparta, NJ 07871

973-729-1050

Sussex Seniors

Main Street, Sussex, NJ 07461

908-454-7000 Ext. 160

NORWESCAP subsidized, 62+, 11 units

The Hamlet at Towne Centre (55+ Adult Community)

16 Main Street, Sparta, NJ 07871

Office: 973-726-0488

Off Hours: 973-903-0268

Website: www.hamletattownecentre.com

**United Methodist Communities at Bristol Glen
Continuing Care Retirement Community**

200 Bristol Glen Drive, Newton, NJ 07860

973-300-5788 Fax: 973-579-2351

Website: www.bristolglen.org

Assisted Living and Boarding Homes

Belle Reve Senior Living

404 East Harford Street, Milford, PA 18337

570-409-3593

Website: www.bellereveseniorliving.com

Bentley Assisted Living at Branchville

3 Phillips Road, Branchville, NJ 07826

973-948-8884 Fax: 973-948-2502

Website: www.bentleyassistedliving.com

Braemar at Wallkill

21 Riverside Drive

Middletown, NY 10941

845-695-5600

Website: www.BraemarLiving.com

Bryan Manor

600 Old Chester Road, Chester (Gladstone), NJ 07934

908-234-0687

Forest Manor Health Care Center

145 State Park Road

Hope, NJ 07844

908-459-4128

Website: <http://forestmanorhcc.com/>

Fountain Inn Boarding Home

82 Fountain Square, Sussex, NJ 07461-2309
(973) 875-4198

Heath Village Retirement Community

430 Schooley's Mountain Road, Hackettstown, NJ 07840
908-852-4801
Fax: 908-852-4801
Website: www.heathvillage.com
Email: mgaratty@heathvillage.com

Knoll View

8 Knoll Road, Sparta, NJ 07871
973-726-0520

Mt. Arlington Senior Living

2 Hillside Drive, Mt. Arlington, NJ 07856
973-601-0988
Website: www.MtArlingtonSeniorLiving.com
Email address: clopatin@5ssl.com

Merriam Manor of North Jersey

131 Main Street, Newton, NJ 07860
973-383-1185 Fax: 973-383-2747

Paragon Village Senior Living Community

427 Route 46 East, Hackettstown, NJ 07840
908-498-0118
www.paragonvillage.com
Assisted living and Alzheimer's assisted living.

Spring Village at Pocono

329 E. Brown Street
East Stroudsburg, PA 18301
570-426-4000
Fax: 570-426-4010
Website: www.woodbineseniorliving.com
Email: conciierge@springvillagepocono.com

The Chelsea at Brookfield

1 Brookfield Court, Belvidere, NJ 07823
908-475-5556
Website: www.brookfieldassistedliving.com
Email: rkennis@brookfieldassistedliving.com

United Methodist Communities at Bristol Glen (No subsidized rents)

Continuing Care Retirement Community
200 Bristol Glen Drive, Newton, NJ 07860
973-300-5788 Fax: 973-579-2351
Website: www.bristolglen.org

Westwind Manor

25 Main Street, Franklin, NJ 07416
973-827-6575 Fax: 973-209-3403
Email: t.tavares@westwindmanor.com

LIBRARIES

Sussex County Library System

Website: www.sussexcountylibrary.org

Offers inter-library loans, genealogical materials, reading programs, Literacy Volunteers, and cassettes for the blind and handicapped.

Main Library

125 Morris Turnpike (Homestead Road, Frankford)
Newton, NJ 07860
973-948-3660 Fax: 973-948-2071

Dennis Memorial Branch

101 Main Street
Newton, NJ 07860
973-383-4810 Fax: 973-383-1322

Dorothy E. Henry Memorial Branch

66 Route 94
Vernon, NJ 07462
973-827-8095 Fax: 973-827-8664

E. Louise Childs Memorial Branch

21 Sparta Road
Stanhope, NJ 07874 (Hopatcong)
973-770-1000 Fax: 973-770-0094

Franklin Branch

103 Main Street
Franklin, NJ 07416
973-827-6555 Fax: 973-827-9422

Sussex-Wantage Branch

69 Route 639
Wantage, NJ 07461
973-875-3940 Fax: 973-875-1336

Sparta Municipal Library

22 Woodport Road
Sparta, NJ 07871
973-729-3101

Website: www.spartalibrary.com

Library services free for Sparta residents; others may pay a fee for use.

MEDICAL ALERT SYSTEMS

Personal emergency response systems can link you to 24 hours assistance at the push of a button.

Alert 1 Medical Alert Systems

24 West Fourth Street
Williamsport, PA 17701
1-866-230-0195

Website: www.alert1.com/care

Affordable medical alert systems for older adults who are looking to remain independent. Home based systems, fall detection, mobile / GPS systems, medication monitoring systems.

AlertOne

1-800-366-8056

ADT Security Services

Home Health Security Services

930 N. Riverview Drive, Ste. 800
Totowa, NJ 07512
973-339-7044

HealthWatch

1-800-226-8100

LIFEWATCH USA

Headquarters-888-650-6837
Fax-717-591-0665

www.lifewatch-usa.com

Medical alarms and senior safety products.

Medic Alert Foundation

1-800-432-5378

www.medicalert.org

Provides necklace and bracelet products with engraved notice about medical conditions.

Phillips Lifeline

1-855-332-7799

Saint Clare's Lifeline

191 Woodport Road
Sparta, NJ 07871
973-726-6520
1-888-343-1991

Website: www.saintclares.org/services

MEDICAL EQUIPMENT

AM Ramp

162 Newark Avenue
Bloomfield, NJ 07003
1-888-715-7598
973-902-6957

Permanent or temporary ramps available.

Aliton's Pharmacy Home Healthcare Centers

111-113 Route 6, Milford, PA 18337 1-800-254-8667
10-12 Sussex Street, Port Jervis, NY 12771 (845) 856-6836
Website: www.alitons.com

Medical equipment, diabetic supplies, blister packaging, foot care, oxygen & respiratory, etc.

Easy Access Homes

12 Winona Trail
Lake Hopatcong, NJ 07849
973-525-2202 / 855-464-3279

Website: <http://www.EasyAccessHomes.com>

Modular wheelchair ramps, straight stair lifts, custom curved stair lifts, vertical platform lifts, vehicle lifts and bathroom safety equipment. We also provide quality pre-owned stair lifts and wheelchair ramps and rentals.

Medic Alert Foundation

1-800-432-5378

Non-emergency medical alert products.

MENTAL HEALTH/COUNSELING SERVICES

Individual and Family Counseling can assist seniors who are facing adjustments in their lives.

Center for Mental Health Newton Medical Center

175 High Street, Newton, NJ 07860

973-383-1533 Fax: 973-383-9309

Website: www.atlantichealth.org/nmc

Pride Institute at Summit Oaks Hospital

19 Prospect Street, Summit, NJ 07901

800-753-5223

Saint Clare's Health System Behavioral Health

130 Powerville Road, Boonton Township, NJ 07005

Main Number: 973-316-1800

Schedule an Appointment: 888-626-2111

NURSING HOMES

Andover Sub-Acute & Rehab Center

99 Mulford Road, Andover, NJ 07821
973-383-6200

Website: www.andoverrehab.com

Medicare & Medicaid Certified

Barn Hill Care Center

249 High Street, Newton, NJ 07860
973-383-5600

Website: www.genesishcc.com

Medicare & Medicaid Certified

Homestead Rehabilitation and Health Care Center

129 Morris Turnpike
Newton, NJ 07860
973-948-5400

United Methodist Communities at Bristol Glen

Continuing Care Retirement Community
200 Bristol Glen Drive, Newton, NJ 07860
973-300-5788

Website: www.bristolglen.org

Valley View Care Center

1 Summit Ave, Newton, NJ 07860
973-383-1450

Website: www.valleyviewcarecenter.com

www.Medicare.gov has a great database that provides ratings of nursing homes. You can search by zip codes, town, county or ratings.

NJ Department of Health and Senior Services Long Term Care Facilities search. The database contains assisted living and day care facilities as well as nursing homes.

<http://web.doh.state.nj.us/apps2/healthfacilities/fssearch.aspx>

PHARMACEUTICAL PROGRAMS For New Jersey Seniors

PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)

*This program assists low-income NJ residents who are aged (65) and/or disabled for the purchase of prescription drugs. Under the program, the PAAD clients pay \$ 6.00 & \$7.00 for each prescription and are credited \$225 off the electric bill through Lifeline. For income eligibility, call **Senior Services at 973-579-0555.***

PAAD/Lifeline

Sussex County Division of Senior Services
One Spring Street, 2nd Floor, Newton, NJ 07860
973-579-0555
1-877-222-3737

PAAD recipients are eligible for \$225 off electric bill.

PAAD Trenton, NJ

1-800-792-9745

Motor Vehicle Registration Discount: Available to PAAD recipients. Seniors should call the Division of Motor Vehicles for information. The discount depends on the age and weight of vehicle.

Toll Free: 1-888-486-3339

SENIOR GOLD CARD

This is a NJ State program for those whose income exceeds the PAAD guidelines. Under this program, there is a \$2,000 cap for singles and \$3,000 cap on out-of-pocket expenses for covered prescriptions. Once your out-of-pocket expenses reach your maximum cap, you pay only \$15 per prescription during your annual eligibility period.

For a Senior Gold Card application and information on income eligibility, contact Senior Services, 973-579-0555.

Familywise Prescription Drug Discount Card

Available from Sussex County Division of Senior Services
973-579-0555 or
United Way of Sussex County
973-579-3040

www.familywise.org

Printed card available online

GARDEN STATE PRESCRIPTION SAVINGS PROGRAM

This program is designed to provide eligible Sussex County residents with savings of up to 50% on prescriptions. It is for those who do not have any prescription program. No age or income restrictions.

1-800-633-0037

REFERRAL SERVICES

2-1-1 of Sussex County

NORWESCAP, Inc.

350 Marshall Street

Phillipsburg, NJ 08865

Call 2-1-1 or 1-888-454-4778 toll free

www.nj211.org

Free service providing easy access to the health, human services community resources, and government assistance people need every day, as well as in times of crisis. Available 24 hours a day, 7 days a week.

Eldercare Locator

1-800-677-1116

This is a public service of the Administration on Aging, US Department of Health and Human Services. Service provides assistance in locating senior services throughout the country.

Operators are available Monday through Friday, 9:00 AM – 8:00 PM Eastern Time.

Sussex County Division of Senior Services

One Spring Street, 2nd Floor

Newton, NJ 07860

973-579-0555

www.sussex.nj.us/seniorservices

email: seniorservices@sussex.nj.us

Information, assistance and referral to services, programs, entitlements for seniors.

Monday thru Friday, 8:30 Am to 4:30 PM.

SENIOR FRAUD

Elder Fraud Investigations Unit

(Newark Office)

973-504-6200

800-242-5846

Senior Hotline

1-877-746-7850

(For complaints)

Division of Consumer Affairs

Toll Free: 1-800-242-5846

973-504-6200

The Division of Consumer Affairs is responsible for enforcing the New Jersey Consumer Fraud Act and is dedicated to protecting the rights of citizens. This Division is also targeting the State's older citizens in an effort to identify and assist victims of fraud.

The Division of Consumer Affairs receives more than 3,000 home-improvement-related complaints each year. Warning signs:

1. Worker requests a large payment before work can begin.
2. Demands cash.
3. Says there is no need for a written contract.
4. Does not have a business address nor a State license number.

If you become a victim of identity theft, file a police report and keep a copy of it in case your creditors need proof of the crime. Never give out your Social Security Number over the phone or in person to a stranger.

Senior Medicare Patrol

Jewish Family & Vocational Service

32 Ford Avenue, 2nd Floor

Milltown, NJ 08850

1-732-777-1940, Ext. 1154

SOCIAL SECURITY

Social Security Administration (Newton Office)

20 E. Clinton Street

Newton, NJ 07860

1-800-772-1213

TTY 1-800-325-0778

Social Security is a federal insurance program to provide income security to those 65 and older, and to the disabled.

SUPPORT GROUPS

There are various support groups that meet throughout the County. The purpose of these groups is to offer mutual support and understanding to patients and/ or caregivers. Resources are shared. Guest speakers may present information. Some groups are listed here.

For more information, consult the local newspapers for times and locations of various support groups.

Alzheimer's/Dementia Support Groups

Andover Sub-Acute & Rehab Center

99 Mulford Road, Andover, NJ 07821

973-383-6200 Ext. 211

Website: www.andoverrehab.com

Knoll Heights Village Senior Center

Caregiver Support Group

40 Trapasso Drive, Sparta, NJ

973-729-4311

Meets on the 3rd Tuesday of each month at 5:30 P.M.

Newton Medical Center

Designed to provide emotional and educational support for caregivers to learn more about the disease. It also provides a chance to share feelings and concerns. Meets the fourth Saturday at 10:00 a.m. Call 973-579-8600 for information. Pre register: 1-800-247-9580

United Methodist Communities at Bristol Glen

200 Bristol Glen Drive, Newton, NJ 07860

973-300-5788

Website: www.bristolglen.org

Meets on the 2nd Friday of the month

Visiting Nurse Association of St. Clare's, Inc.

1 Third Street, Sussex, NJ 07461

973-702-2867

Alzheimer's Support Group, meets 3rd Wednesday of the month, 7-9 PM.

Breast Cancer

973-285-8018

Meets the 2nd Tuesday of the month, 6:30 PM at the Sparta Health & Wellness Center. Co-sponsored by Newton Medical Center and the American Cancer Society.

Diabetes

973-579-8340

Meets 1st Wednesday of each month, 10:00 AM at Newton Medical Center.

General Cancer Support Group

973-579-8620

Meets the 4th Tuesday of each month, 5:30 PM at Newton Medical Center. Call to confirm.

Parkinson's Disease Later Onset Support Group

Robert Wood Johnson Hospital

One Robert Wood Johnson Place, New Brunswick, NJ 08901

1-732-745-7520 – Referral Center

Call for referral to local support group.

Stroke

973-579-8600

Meets the 4th Tuesday of the month, 7:30 PM at Newton Medical Center.

TAXES

NJ Division of Taxation

1-609-292-6400

Provides information on special exemptions and tax deductions available for seniors.

Property Tax Reimbursement

1-800-882-6597

Those who are eligible are homeowners, age 65 or older, or receiving Federal Social Security disability benefits, and who paid property taxes on their principal residence in New Jersey.

Applicants must be NJ residents for at least 10 years, and living in their current home for the last 3 years. Applicants must meet certain income limits for both the “base year” (year the applicant first became eligible) and the application year.

Homestead Rebate

Automated 1-888-238-1233

Eligible homeowners are those who pay property taxes on their principal residence in New Jersey, and whose gross income does not exceed \$100,000 (\$40,000 for homeowners who are not 65 years of age or disabled.)

Inheritance Tax: *Any property that you inherit from your spouse is not subject to the Inheritance Tax.*

Senior Citizens’ Annual Property Tax Deduction: *Annual deduction of up to \$250 from property taxes for homeowners age 65 or older, or disabled, who meet certain income and residency requirements is administered by your local municipality.*

Veterans’ Deduction: *Annual deduction from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses is \$250. This benefit is administered by the local municipality.*

VITA (Volunteer Income Tax Assistance) *is available for seniors, people with disabilities and low-income individuals during income tax season through the Division of Senior Services. For an appointment call:*

Skylands RSVP – 888-387-9830 Ext. 3502 or 973-784-4900, Ext. 3502. Leave a message and your call will be returned.

TRANSPORTATION

Assisted Transportation

Catholic Family & Community Services
48 Wyker Road, Franklin, NJ 07416
973-209-0123

Provides transportation for medical appointments and shopping, with additional assistance as needed. Example: help from home to car. Need two to three weeks notice.

Medicaid Medical Transportation (Logisticare) – 1-866-527-9933

Sussex County Skylands Ride (Transportation)

One Spring Street, Newton, NJ 07860 973-579-0480

Paratransit – for seniors and people with disabilities

In County - local errands: nutrition sites, dialysis, medical appointments, shopping, hairdresser, bank, community services, education/training, employment.

Out of County- non-emergency medical appointments, dialysis, therapy, radiation treatments, mental health, specialized hospitals, Veterans facilities.

Monday – Friday, 5AM – 6:30PM

No Fare – Suggested donations: \$1.50 in county; \$3.00 out of county

Reservation required: Call 973-579-0480, then press 1

All vehicles are accessible.

Public Transit- available to the general public

Two (2) circular routes within Sussex County

Monday – Friday, 5AM – 6:30PM

Fare: \$1 one way, exact change required

Municipal Transit:

Some municipalities offer senior transportation services:

Byram Senior Transportation 973-347-2500

Hopatcong Senior Transportation 973-770-1200

Newton Senior Shuttle 973-534-2967

Sparta Senior Transportation 973-729-8542 *(For Sparta, call between 1:00 and 3:00 PM.)*

NJ Transit Reduced Fair Program: Seniors, 62 or older, and handicapped individuals, can pay half fare on buses and trains in New Jersey, New York and Pennsylvania. This program is limited to off-hours, weekends and State Holidays. People 65+ may use their Medicare card for identification when purchasing a ticket. All others must complete an application for a reduced fare card. Applications are available from the Division of Senior Services: 973-579-0555.

NJFindARide www.njfindaride.org

To find transportation services in your area.

UTILITY ASSISTANCE

Heating Fuel Assistance

NORWESCAP

908-454-4778 (Fuel emergency)

973-209-7549

Assistance in paying fuel bills for eligible clients.

Lifeline

1-800-792-9745

PAAD card holders receive \$225 off their electric bill annually.

LIHEAP & USF

1-800-510-3102

Send e-mail to: energyassistance@ncat.org

www.acf.hhs.gov/programs/liheap/states.htm

Financial assistance for heating and cooling expenses for eligible clients.

NJ SHARES

1-866-657-4273

Financial assistance for electricity bills for eligible clients.

State of NJ Board of Public Utilities

445 Clinton Avenue

Trenton, NJ 08625

1-800-624-0241

Addresses consumer issues.

State of NJ Board of Public Utilities, Office on Cable TV

2 Gateway Center, 8th Floor

Newark, NJ 07102

1-800-624-0331

Provides assistance in resolving consumer problems with local cable companies. (Call your local cable company first.)

VETERANS SERVICES

Veterans Services

479 W. Clinton Street, Dover, NJ 97801
Dover, NJ 07801
973-366-8347

Veterans Center

2 Broad St., Suite 703, Bloomfield, NJ 07003
973-748-0980
Website: www.vetcenter.va.gov

Veterans Administration

New Jersey Health Care System
Morristown Community Clinic
340 West Hanover Avenue
Morristown, NJ 07960
(973) 539-9791 or 9794

FOR VETERAN ID CARDS, PLEASE CONTACT THE COUNTY CLERK'S OFFICE AT 973-579-0900. YOU MAY VISIT THEIR OFFICE AT 83 SPRING STREET, NEWTON, NJ, OR ON THE INTERNET AT www.sussexcountyclerk.com

VA HOSPITALS AND CLINICS:

Castle Point VA Hospital

Rt. 9D, Castle Point, NY 12511
1-845-831-2000

East Orange VA Hospital

385 Tremont Avenue, East Orange, NJ 07017
973-676-1000

Hudson Valley VA Clinic

150 Pike Street, Port Jervis, NY 12771
1-845-856-5396

Lyons VA Hospital

151 Knollcroft Road, Lyons, NJ 07939
1-908-647-0180

Morris Plains VA Outpatient Clinic

340 West Hanover Avenue, Morris Plains, NJ 07960
973-539-9791 Ext. 9794

Newton VA Outpatient Clinic

222 High Street, Newton, NJ 07860
973-756-1504

Veterans' Property Tax Deduction: *Annual deduction from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses is \$250. This benefit is administered by the local municipality.*

VOLUNTEERISM

Volunteer opportunities are available throughout the County. Specialized training may be provided. Each community hospital has a volunteer program for those who enjoy working in a hospital environment.

Pass It Along

60 Blue Heron Road, Suite 101
Sparta, NJ 07871
973-726-9777

Provides various volunteer opportunities for seniors, and help for seniors seeking assistance with yard work, painting, etc.

Skylands RSVP: Volunteer Resource Center

21 Pine Street, Suite 101, Rockaway, NJ 07866
973-784-4900

Provides volunteer opportunities in Sussex County for seniors age 55+.

SCORE: Service Corps of Retired Executives

Sussex County Community College
College Hill, Newton, NJ 07860
973-300-2140

Offers counseling and advice on business concerns.

SHIP – State Health Insurance Program

Sussex County Division of Senior Services

One Spring Street, 2nd Floor, Newton, NJ 07860
973-579-0555 x 1223

Volunteers provide free help to older persons who have problems with or questions about their health insurance.

V.I.T.A. (Volunteer Income Tax Assistance)

Contact: Nancy Hess (Leave a Message)
Retired Senior Volunteer Program (RSVP)
230 Diamond Spring Rd. Denville, NJ
973 784-4900 Ext. 3502 or 1-888-387-9830

Offers assistance and training on income tax preparation for seniors and those with limited resources.

Rev. 8/17