



Sussex County Department of Environmental and Public Health Services
 One Spring Street, Newton, NJ, 07860
 Phone: 973-579-0370 Fax: 973-579-0399
<http://www.sussex.nj.us/health>
health@sussex.nj.us

School Exclusion List

Disease	Common Symptoms	Criteria to Return	Exclusion	Reportable to Health Department
Conjunctivitis, purulent	pink or red conjunctivae with white or yellow discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye	Medical note	Exclude from school while symptomatic or until 24 hours after antibiotic treatment	Outbreaks only
Conjunctivitis, Non-purulent	pink conjunctivae with a clear, watery eye discharge without fever, eye pain, or eyelid redness	Not applicable	No	Outbreaks only
E.coli 0157	nausea, vomiting, bloody diarrhea, and abdominal cramps	Medical note	Exclude until 24 hours without diarrheal stool.	Yes
Fifth Disease (Erythema infectiosum)	Rash, characterized by "slapped face" appearance	Not applicable	No exclusion for cases. Pregnant women and immunocompromised persons should seek medical advice.	Outbreaks only
Head Lice	Head scratching	Refer to school policy	Exclude from school if live lice are present, schools may adopt nit free policy	Outbreaks only
Hepatitis A	jaundice	Medical note	Exclude until 1 week after onset of jaundice or illness	Yes, Immediately
Influenza-Like-Illness	Fever, cough and/or sore throat (in absence of a known cause).	parent note	Exclude until resolved	Outbreaks only
Measles	Prodrome characterized by fever, reddened eyes, runny nose, cough. Dusky-red blotchy rash on day 3 or 4	Medical note	Exclude until 4 days after onset of rash	Yes, Immediately
Meningitis, Bacterial	High fever, headache and stiff neck	Medical Note	Until recovered	Yes, Immediately
Meningitis, Viral	High fever, headache and stiff neck	Medical Note	Until recovered	Outbreaks only
Mononucleosis	Fever, sore throat, lymphadenopathy	Medical note to resume physical activities	No	Outbreaks only



School Exclusion List

Disease	Common Symptoms	Criteria to Return	Exclusion	Reportable to Health Department
Mumps	Fever with swelling and tenderness of one or both parotid glands located below and in front of ears	Medical note	Exclude until 5 days after onset of parotid gland swelling	Yes
Pertussis	Initial stage begins with URI symptoms and increasingly irritating cough. Paroxysmal stage is characterized by repeated episodes of violent cough broken by high pitched inspiratory whoop. Older children may not have whoop.	Medical note	Exclude until 5 days of appropriate antibiotic therapy, unless diagnosed with pertussis past the infectious period (21 or more days after cough onset.)	Yes
Rubella (German Measles)	Slight fever, rash of variable character lasting about 3 day; enlarged head and neck lymph nodes. Joint pain may occur.	Medical note	Exclude for 7days after onset of rash	Yes
Salmonella typhi (typhoid fever)	Fever, anorexia, lethargy, malaise, headache	Medical note	Exclude until 24 hours without diarrheal stool.	Yes
Salmonella nontyphoidal	Fever, nausea, vomiting, nonbloody diarrhea, and abdominal cramps	Parent note	No excusion if not symptomatic	Yes
Scabies	Itchy raised areas around finger webs, wrists, elbows, armpits, beltline, and/or genitalia. Extensive scratching.	Medical note	Exclude until 24 hours after application of appropriate scabicial treatment has been completed.	Outbreaks only
Shigella (Dysentery)	nausea, vomiting, bloody diarrhea, and abdominal cramps	Medical note	Exclude until 24 hours asymptomatic	Yes



School Exclusion List

Disease	Common Symptoms	Criteria to Return	Exclusion	Reportable to Health Department
Staphylococcal or streptococcal skin infections (includes MRSA & Impetigo)	Honey crusted draining lesions, skin lesions with a reddened base.	Medical note	Exclude children whose <u>lesions cannot be covered</u> , until the student has received 48 hours of effective anti microbial treatment, lesions are showing signs of healing (decreasing in size), and drainage has stopped. If lesion <u>can be covered</u> exclude from contact sports only.	<u>Two or more cases of MRSA confirmed by culture</u> in a 14 day period are reportable to the Local Health Department.
Streptococcal pharyngitis (strep throat)	Fever, sore throat, exudative tonsillitis or pharyngitis, enlarged lymph nodes. May also have a sandpaper-like rash.	Medical note	Exclude until afebrile and at least 24 hours after antibiotic treated has been initiated.	Outbreaks only
Tinea capitis (Ringworm of the scalp)	Hair loss in area of lesions	Medical note	Exclude until oral antifungal treatment is initiated	Outbreaks only
Tinea Corporis (Ringworm of the body).	Circular well demarcated lesion that can involve the face, trunk, or limbs. Itching is common	Parent note	Exclude until oral or topical treatment is initiated only if the area cannot be covered.	Outbreaks only
Tuberculosis	Cough, chest pain, fever, night sweats, fatigue, and weight loss.	Medical note	Exclude until the local health department and treating physician state the the student is noninfectious.	Yes
Varicella (Chickenpox)	Slight fever with eruptions which become vesicular. Lesions occur in successive crops with several stages of maturity at the same time.	Parent note	Exclude until all lesions have dried and crusted (usually 6 days after the onset of the rash).	Yes
Varicella Herpes Zoster (Shingles)	Localized vesicular lesions	Parent note	Exclude until lesions are crusted unless lesions can be covered.	Outbreaks only



Exclusion Criteria Based Upon Signs & Symptoms / Medical Diagnosis - Unknown

Symptom	Exclusion Recommendations	Criteria to Return	Reportable to Health Department
Fever	Exclude oral temp 101 or above, axillary greater than 100, tympanic greater than 100.	Asymptomatic, Parent note	Fever accompanied by other symptoms (Outbreaks only)
Vomiting	Exclude vomiting 2 times or more in past 24 hours - exclude for the following day unless vomiting is known to be caused by a condition that is not contagious	Asymptomatic, Parent note	Outbreaks only
Diarrhea	Exclude 2 or more loose stools in 24 hour period. Return to school when 24 hours pass without diarrheal stool	Asymptomatic, Parent note	Outbreaks only
Diarrhea with blood or mucous	Exclude 1 or more loose stools with blood or mucous	Medical note	Outbreaks only
Localized skin infection	. Exclude from contact sports. Exclude from school <u>only</u> if lesion can't be covered until medical clearance.	Medical note unless resolved	Outbreaks only
Generalized rash of unknown origin	Exclude until rash is resolved or medical clearance	Medical note unless resolved	Outbreaks only