

SENIOR LIFE CENTER

A Partnership between SCCC & the Senior Services Division of Sussex County



*Explore Our
Fall 2018 Offerings*

SCHEDULE OF EVENTS

*Learn new ways of thinking
and behaving and create the
lifestyle that's right for YOU!*

Sussex County
COMMUNITY COLLEGE

Mission Statement

The Senior Life Center at SCCC is designed for individuals over 50 who are looking for intellectual stimulation, an opportunity to expand their horizons and who want to be part of a life-long learning community that is full of insight, cultural diversity and wisdom.

Registration

Contact the Division of Senior Services to pre-register. Call 973-579-0555 ext. 1277 or email seniorservices@sussex.nj.us.

Senior Services Division's Monthly Newsletter

To sign up for the monthly newsletter, call **Senior Services at 973-579-0555** and ask to be put on the newsletter mailing list. Visit sussex.edu for the most up to date information.

Meet the Director

Dr. Nancy R. Gallo is the Director of the Senior Life Center at SCCC She founded the Center in 2015 in collaboration with the Senior Services Division of Sussex County to bring speakers and courses to the Center that promote invigorating lifelong learning for Sussex County seniors.

Dr. Gallo is also the College's Legal Studies Program Coordinator and in that role teaches courses leading to the Elder Law Specialist Certificate, as well as the Paralegal Certificate, Degree and Pre-Law Option Degree.

She has practiced law in both Florida and New Jersey and was trained by the New Jersey Institute for Continuing Legal Education as a certified Family Issues mediator. Prior to graduate school, she was a newspaper features editor and award-winning reporter. While an SCCC faculty member, Dr. Gallo received a National Endowment for the Humanities funded grant for the study, "Paul Robeson, 20th Century Humanist and Lawyer."

Dr. Gallo is the author of the textbooks, "Introduction to Family Law" published as part of the West Legal Studies Series, and "Elder Law" published by Delmar/Thompson Publishing.

Additionally, Dr. Gallo was the writer and producer of "Legal Briefs," a radio show. She has a primary research interest in elder law and the issues of aging in the 21st century. Dr. Gallo lives in a restored 160 year old farmhouse on a family farm with her husband, children and two completely bonded Dachshunds. She can be reached at ngallo@sussex.edu and welcomes your comments.

AARP “Smart Driver” Safety Course

The AARP Smart Driver Course for drivers over 50 years of age will be presented by a qualified and trained instructor from AARP, which is the nation’s largest program for motorists over the age of 50. Students will be using the completely new “Smart Driver” program manual with its easy-to-follow format that incorporates adult-learning principles, features reader-friendly print types, full-color pages, an easy-to-follow format and videos to supplement course content.

Date: Monday, September 17, 2018 or Monday, October 22, 2018

Time: Both course sections run from 9:00 a.m. to 3:30 p.m. **Please bring your own lunch and beverages.**

Location: Senior Life Center at SCCC located in the Performing Arts Center, Room A227

Fee: \$15 for AARP Members, \$20 for non-AARP members, and \$10 for persons with Medicare coverage under United Healthcare (You must bring your AARP card or United Healthcare Medicare card).

Registration: Space is limited and your spot can be reserved by calling 973-579-0555.

Tech Talks: Senior-Focused Technology Workshops

Unravel the mysteries of 21st Century technology with workshops taught by tech savvy SCCC student volunteers. Register to attend as many sessions as you need.

Tech Talk #1: Improving Your Use of Smart Phone Functions

Session 1:	Session 2:	Session 3:
Friday, September 14	Friday, October 5	Friday, November 2

Tech Talk #2: Managing Email Basics

If you don’t have an email yet the instructor can help you.

Session 1:	Session 2:	Session 3:
Friday, September 21	Friday, October 12	Friday, November 9

Tech Talk #3: Finding Popular Websites and Internet Safety

Session 1:	Session 2:	Session 3:
Friday, September 28	Friday, October 19	Friday, November 16

Time: All sessions begin at 10 a.m. and end 11:30 a.m.

Location: Library Building Room L-121 (All Sessions)

Fee: Free (All Sessions)

Registration: Call 973-580-0555 for information and to register.

Open Computer Lab Now Available to Seniors

Come to campus to practice your computer skills in one of the college's Open Labs staffed with tech savvy student assistants.

Date: Monday & Wednesdays during the Fall 2018 Semester. The semester begins September 4, 2018 and ends December 21, 2018.

Time: 9:00 a.m. to Noon

Location: Library Building Room L-121

Fee: Free

Registration: No registration necessary. Just walk in and start practicing your technology skills.

Insight into Art: The Renaissance

Join SCCC faculty member Michael Hughes to learn about the culture, style, painters, and major works of the Renaissance. Explore the lives and paintings of such artists as Leonardo da Vinci, Titian, Michelangelo, Albrecht Durer and Donatelli.

Date: Friday, September 21, 2018

Time: 1:00 p.m.

Location: SCCC Performing Arts Center's Atrium

Fee: Free

Registration: Call 973-579-0555 for information and to register. All ages are welcome to attend this inter-generational event!

Introduction to Drawing

This three-part course emphasizes the development of observational drawing skills and hand-eye coordination. Basic drawing elements such as line, proportion, perspective, composition, texture, and the study of light and shade are investigated through various perceptual and conceptual approaches. Open to beginning students as well as those who want to refresh their skills before moving on to more advanced studio courses.

Students are required to bring their own drawing supplies. Basic tools should include a large newsprint pad and a very basic drawing kit containing charcoal pencils, graphite drawing pencils, charcoal sticks and eraser.

Date: Fridays, October 12, 19, 26, 2018

Time: 10:00 a.m. to Noon

Location: SCCC Art Gallery, Room C106

Fee: \$30.00

Registration: Call 973-579-0555 for information and to register.

Lunch & Learn: Healthy Lifestyle Choices

The Center for Prevention and Counseling, will be hosting the Wellness Initiative for Senior Education program (WISE). Their workshops will celebrate healthy aging by discussing alternative approaches to pain management, safe use of medications, how to communicate with your healthcare provider and how to make healthy lifestyle choices. WISE empowers participants to become more aware of how they can take control of their health and wellness. Guest speakers will visit the sessions.

A complimentary lunch (catered by Dominick's of Newton) will be provided at each session and a gift card incentive provided to participants who attend at least 5 out of 6 WISE sessions.

Funding is provided through the Department of Health, Division of Mental Health and Addiction Services.

Instruction: Center for Prevention & Counseling

Date: Fridays, November 2, 9, 16, 30, December 7 & 14, 2018.

Time: Noon to 2:00 p.m.

Location: Senior Life Center, Performing Arts Center, Room A227/228

Fee: Free with Gift Card and Lunch Provided

Registration: Registration is required. Please contact Michelle Bove from the Center for Prevention and Counseling at 973-383-4787 ex.231 or michelle@centerforprevention.org.

Films on Fridays Series

“Love Gilda” Film Showing at Senior Life Center with Saturday Night Live producer on Panel

The Senior Life Center's new partner, The Karen Ann Quinlan Center, is bringing the documentary film, “Love Gilda” to SCCC. The film offers a comedic celebration of beloved Saturday Night Live actress Gilda Radner and will be followed by a panel discussion led by staff members from the Karen Ann Quinlan Center and the film's director and co-producers. One of the producers, Alan Zweibel, has a personal connection to the Quinlan Bereavement Center. All ages and the greater Sussex County Community are invited to this multi-generational learning event.

Date: Friday, November 16, 2018

Location: SCCC Performing Arts Center Theater

Time: 6:30 p.m.

Fee: Free

Registration: No registration required.

Guest Author Series: Marina Antropow Cramer

Author Offers Russian Perspective Through Historical Novel

The author will offer insights into the World War II era from the Russian perspective. Ms. Cramer's novel deals with the still timely topic regarding the plight of refugees, the life-changing consequences of immigration, the elusive yet undeniable force of the human spirit. *Roads* is the story of a Russian family struggling to survive the Nazi occupation and follows their experiences through German labor camps and the bombing of Dresden.

The author will be available for book signings. Refreshments will be served.

Date: November 9, 2018

Time: 2:00 p.m.

Location: Atrium in the SCCC Performing Arts Center

Fee: Free

Registration: No registration required.

Open House: Be Our Guests!

We're celebrating the wonderful work done by the County's Senior Services Division Plus the 3rd Anniversary of the active partnership between the College and the Division. Please join us for a buffet lunch in the beautiful Performing Arts Atrium followed by a musical performance in the Theater.

You will have an opportunity to meet Senior Services Division and Senior Life Center staff and learn about the many programs and services that are available to Sussex County seniors through the Division of Senior Services, the College and the Senior Life Center.

Date: Monday, December 17, 2018

Location: Atrium, SCCC Performing Arts Center

Buffet Lunch: Open Seating by reservation

Time: Noon to 1:45 p.m.

Entertainment: Dr. Debbie Giannuzzi, SCCC Music Professor, will be performing on the piano at 2 p.m.

Registration: Call 973-579-0555 for information and to reserve your place. Seating is limited and reservations are a must for lunch! No walk-ins please!

Drama Geeks Offering Theater Opportunities

For further information contact Drama Geeks at 973-512-8251. The musical Young Frankenstein is scheduled November 2, 3, 4 and November 9, 10, 11 2018.

Seniors Offered Opportunity to Sing

The Sussex County Oratorio Society welcomes seniors who want to sing. Joe Picarello is the conductor for the Society and he teaches voice and choir for SCCC. Please contact the conductor at jpgicarello@sussex.edu for further information.

SCCC Senior Citizen Tuition Waiver

Sussex County residents 65 years and older are entitled to free tuition for eligible college level credit courses offered by SCCC. Please contact the SCCC Counseling Center for further information.

*These events are made possible through our partnerships
with Senior Services Division of Sussex County,
Bristol Glen: United Methodist Community,
The Center for Prevention & Counseling
and The Karen Ann Quinlan Center.*



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