

**ADULT PROTECTIVE SERVICES... 973-383-3600**

Confidential reporting of any exploitation or neglect (financial, physical) of seniors or the disabled

**CAREGIVER SUPPORT.....973-579-0555**

Practical support, education and resources for caregivers

**ELDERCARE LOCATOR..... 1-800-677-1116**

Locates senior services anywhere in the US and its territories

**EMPLOYMENT**

**Pathstone Senior Community Service**

**Employment Program 1-800-624-1432**

**State of NJ – Workforce 55+ (income eligible) 973-383-2775**

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM**

**(SNAP) (formerly Food Stamps)..... 973-383-3600**

**HEALTH DEPARTMENT..... 973-579-0370**

**HEALTH SERVICES – Dental & Medical**

Zufall Health Center, 238 Spring St., Newton ... 973-862-6650

**HEATING & COOLING ASSISTANCE.....973-209-7549**

**NORWESCAP or 1-908-454-4778**

**HOME CARE SERVICES.....973-579-0555**

Personal care/light housekeeping

**INFORMATION AND REFERRAL.....973-579-0555**

**LEGAL ASSISTANCE.....973-383-7400**

**LEGISLATION INFORMATION .....1-800-792-8630**

Information on State Laws/Bills pending in the legislature

**MEDICARE Parts A and B ..... 1-800-633-4227**

**NUTRITION PROGRAM**

**Nutrition Sites** - where seniors are served a nutritious mid-day meal and enjoy a variety of activities.

Requests must be made a day ahead before 10:00 am.

Franklin Senior Center.....973-827-2973

Hopatcong Civic Center.....973-398-2608

Vernon Senior Center.....973-764-5454

**Meals on Wheels.... 973-209-0123**

Meals delivered to homebound seniors.

**OMBUDSMAN FOR INSTITUTIONALIZED SENIORS**

Nursing and boarding home problems ..... 1-877-582-6995

**PAAD CARD/LIFELINE ..... 1-800-792-9745**

For those 65 or older or disabled. For income guidelines, information on prescription co-pays and electric bill credit, call Senior Services ..... 973-579-0555

**PUBLIC HEALTH NURSING ..... 973-579-0570**

**RENTAL ASSISTANCE ..... 973-627-3396**

**RESIDENTIAL MAINTENANCE ..... 973-383-6020**

**NORWESCAP ..... 973-209-7549**

Minor household repairs for homeowners

**RESOURCE DIRECTORY ..... 973-579-0555**

Comprehensive directory of programs and services. Also available on our website [www.sussex.nj.us/seniorservices](http://www.sussex.nj.us/seniorservices).

**SENIOR GOLD CARD....973-579-0555 or 1-800-792-9745**

For those 65 or older or disabled discount prescriptions. For income guidelines call Senior Services 973-579-0555.

**S.H.I.P. ....973-579-0555 X 1223**

(State Health Insurance Program) Trained volunteers assist in understanding the Medicare program, secondary insurance, Part D prescription options; and provide help with resolving billing issues.

**SKYLANDS RSVP VOLUNTEER RESOURCE CENTER**  
Volunteer opportunities for Seniors 55+...**973-784-4900 X102**

**SOCIAL SECURITY** .....**800-772-1213**

**SOCIAL SERVICES** .....**973-383-3600**

**STATE RESPITE CARE PROGRAM** .....**973-451-4157**  
Provides relief to caregivers in a variety of ways

## **TRANSPORTATION**

### **Special Transportation for Older**

**Persons** (Skylands Ride) ..... **973-579-0480**  
Requests must be made 48 hours in advance.

### **Transportation provided by some municipalities:**

Byram **973-347-2500**  
Hopatcong **973-770-1200**  
Newton **973-534-2967**  
Sparta (Call between 1:00 and 3:00 PM) **973-729-2383**

**Assisted Transportation**..... **973-209-0123**  
Car and driver assistance (no wheelchair) for shopping, doctors,  
Etc.

### **Medicaid Medical Transportation**

**Logisticare** - Call 2 days in advance ..... **1-866-527-9933**

**NJ Transit Reduced Fare Tickets**..... **973-579-0555**

**VETERANS SERVICES**..... **973-366-8347**

**V.I.T.A.**..... **1-888-387-9830**

Leave a message at Ext. 3502 and your call will  
be returned.  
(Volunteer Income Tax Assistance) by IRS trained volunteers

Revised (8) 4/17

## **Frequently Requested Phone Numbers For Seniors and/or Their Caregivers**



**COUNTY OF SUSSEX**  
**DEPARTMENT OF HEALTH and HUMAN SERVICES**

## **DIVISION OF SENIOR SERVICES** **Aging and Disability Resource Connection**

One Spring Street 2<sup>nd</sup> Floor  
Newton NJ 07860  
Phone: 973-579-0555 Fax: 973-579-0550  
Call Toll-Free 1-877-222-3737  
Office Hours: 8:30 a.m. – 4:30 p.m.

[www.sussex.nj.us/seniorservices](http://www.sussex.nj.us/seniorservices)

Email: [seniorservices@sussex.nj.us](mailto:seniorservices@sussex.nj.us)

The NJ State Department of Human Services, Division of Aging Services, under the Older Americans Act, has designated the Sussex County Division of Senior Services as the lead agency for the coordination of programs and services for Sussex County Seniors age 60+ and their caregivers.

### **OUR MISSION**

To empower older individuals, those 18 and older who are disabled, and/ or their caregivers to choose from a coordinated system of services that enable seniors to live as independently as possible in their homes and in their communities while enjoying a dignified quality of life.