


April is Child Abuse Prevention Month

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>If you have knowledge of, or reason to believe a child is in danger of abuse or neglect, call 1-877-NJ ABUSE</p>			<p>1 Write a letter to a family member with your child. CFPC: Project Alert (Drug Trends) Lenape HS 7-9 pm 973-383-4787</p>	<p>2 Play catch with a ball with your child.</p>	<p>3 Help your child decorate a box to store special personal items.</p>	<p>4 Teach your child to fly a kite.</p>
<p>5 Visit a State Park with your child.</p>	<p>6 Read to your child. NORWESCAP WORKSHOP: PREVENING CHILD ABUSE & NEGLECT 6:30-8:30 /973-383-3461</p>	<p>7 Teach your child how to play hopscotch. CFPC: Town Hall (Underage Drinking) 973-383-4787</p>	<p>8 Give your child a list of reasons you love them, and put it on the refrigerator. CFPC: Register for Small Steps to Health & Wealth Challenge 973-383-4787</p>	<p>9 Draw pictures of your favorite things with your child.</p>	<p>10 Have an indoor camp out on the living room floor.</p>	<p>11 Take your recyclables to the recycling center.</p>
<p>12 Pack a lunch and take a hike with your child.</p>	<p>13 Review your fire escape plan with your child.</p>	<p>14 Talk to your child about school. Describe what school was like for you.</p>	<p>15 Take a walk with your child before starting dinner. SCCC/DASI Clothesline Project 973-579-2386</p>	<p>16 Spend some time looking at family photos with your child.</p>	<p>17 Eat dinner with your child by candlelight YMCA: HEALTHY TEEN NIGHT 6:30-9:00/ 973-209-9622</p>	<p>18 Visit a County Library and sign up for a library card HEALTHY KIDS DAY at YMCA 973-383-4787</p>
<p>19 Make a sock puppet with your child. CFPC: Kick-off for Small Steps to Health & Wealth Challenge 973-383-4787</p>	<p>20 Have an apple for a snack with your child. Talk about the parts of the apple.</p>	<p>21 Tell your child about a happy childhood memory. CFPC: National Teach Children to Save Day 973-383-4787</p>	<p>22 Put on music and dance with your child. CFPC: Project Alert (Drug Trends) Sussex Middle School 973-383-4787</p>	<p>23 Review your address and phone number with your child.</p>	<p>24 Cut out pictures from sales flyers to make a grocery shopping list with your child.</p>	<p>25 Bake cookies with your child.</p>
<p>26 Play a board or card game after dinner with your family.</p>	<p>27 Sort through toys, books, and clothes. Donate usable items to a social service agency.</p>	<p>28 Teach your DASI: Steppin' Up for Young Men & Women Conference @ Sussex Tech 973-579-2386</p>	<p>29 Stop at a local park to play for 15 minutes.</p>	<p>30 Build an indoor fort and share stories in it.</p>	<p>For parenting tips, resources, and classes contact a keep Kids safe partner.</p>	

"Keep Kids Safe" is a public awareness initiative of United Way of Sussex County and its partners: Mentoring Plus ~ CASA ~ Center for Prevention and Counseling ~ NJ Division of Youth and Family Services ~ Sussex County Division of Community and Youth Services ~ Domestic Abuse and Sexual Assault Intervention Services ~ Ginnie's House Children's Advocacy Center ~ NORWESCAP ~ Newton Memorial Hospital ~ Project Self Sufficiency ~ Sussex County Community College ~ K.E.E.P., Inc.