

# True North

Veterans and Families of Morris & Sussex County  
Outpatient Behavioral Health Services



- › Have you had trouble adjusting to civilian life?
- › Have you felt more alone, isolated or misunderstood?
- › Have you been feeling more irritable, frustrated or angry?
- › Do you notice that your relationships with family and friends have changed?
- › Have you been using substances to try to feel "normal" again or to numb painful memories?
- › Do you think your partner or children could benefit from support?

## Two Convenient Locations:

Morristown Medical Center  
95 Mount Kemble Avenue  
Morristown, NJ 07960

Newton Medical Center  
175 High Street  
Newton, NJ 07860

## True North Can Help

Services are available regardless of discharge status.

To schedule a confidential appointment with an Atlantic Behavioral Health True North clinician, call Geri Moss, LPC, at 973-971-4632 or John Lynch, LCSW, at 973-971-4779.



Atlantic  
Health System