

ADULT PROTECTIVE SERVICES... 973-383-3600

Confidential reporting of any exploitation or neglect (financial, physical) of seniors or the disabled

CAREGIVER SUPPORT... 973-579-0555

Practical support, education and resources for caregivers

ELDERCARE LOCATOR... 1-800-677-1116

Locates senior services anywhere in the US and its territories

EMPLOYMENT

Pathstone Senior Community Service

Employment Program 1-800-624-1432

State of NJ – Workforce 55+ (income eligible) 973-383-2775

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

(SNAP) (formerly Food Stamps)... 973-383-3600

HEALTH DEPARTMENT... 973-579-0370

HEALTH SERVICES – Dental & Medical

Zufall Health Center, 238 Spring St., Newton ... 973-862-6650

HEATING & COOLING ASSISTANCE... 973-209-7549

NORWESCAP or 1-908-454-4778

HOME CARE SERVICES... 973-579-0555

Personal care/light housekeeping

INFORMATION AND REFERRAL... 973-579-0555

LEGAL ASSISTANCE... 973-383-7400

LEGISLATION INFORMATION1-800-792-8630

Information on State Laws/Bills pending in the legislature

MEDICARE Parts A and B 1-800-633-4227

NUTRITION PROGRAM

Nutrition Sites - where seniors are served a nutritious mid-day meal and enjoy a variety of activities.

Requests must be made **a day ahead** before 10:00 am.

Franklin Senior Center... 973-827-2973

Hopatcong Civic Center... 862-206-5373

Vernon Senior Center... 973-764-5454

Meals on Wheels... 973-209-0123

Meals delivered to homebound seniors.

OMBUDSMAN FOR INSTITUTIONALIZED SENIORS

Nursing and boarding home problems 1-877-582-6995

PAAD CARD/LIFELINE 1-800-792-9745

For those 65 or older or disabled. For income guidelines, information on prescription co-pays and electric bill credit, call Senior Services 973-579-0555

PUBLIC HEALTH NURSING 973-579-0570

RENTAL ASSISTANCE 973-627-3396

RESIDENTIAL MAINTENANCE 908-454-4778

NORWESCAP 973-862-6680

Minor household repairs for homeowners

RESOURCE DIRECTORY 973-579-0555

Comprehensive directory of programs and services. Also available on our website www.sussex.nj.us/seniorservices.

SENIOR GOLD CARD... 973-579-0555 or 1-800-792-9745

For those 65 or older or disabled discount prescriptions. For income guidelines call Senior Services 973-579-0555.

S.H.I.P. 973-579-0555, Ext. 1223

(State Health Insurance Program) Trained volunteers assist in understanding the Medicare program, secondary insurance, Part D prescription options; and provide help with resolving billing issues.

SKYLANDS RSVP VOLUNTEER RESOURCE CENTER
Volunteer opportunities for Seniors 55+ 973-784-4900, Ext. 202

SOCIAL SECURITY877-575-5189

SOCIAL SERVICES973-383-3600

STATE RESPITE CARE PROGRAM973-451-4157
Provides relief to caregivers in a variety of ways

TRANSPORTATION

Transportation for Older

Persons (Skylands Ride) 973-579-0480
Requests must be made 48 hours in advance.

Transportation provided by some municipalities:

Byram 973-347-2500
Hopatcong 973-770-1200
Newton 973-534-2967
Sparta (Call between 1:00 and 3:00 PM) 973-729-2383

Assisted Transportation..... 973-579-0480
Car and driver assistance (no wheelchair) for shopping, doctors,
Etc.

Medicaid Medical Transportation

Logisticare - Call 2 days in advance 1-866-527-9933

NJ Transit Reduced Fare Tickets..... 973-579-0555

VETERANS SERVICES..... 973-366-8347

V.I.T.A...... 973-784-4900

Leave a message and your call will be returned.
(Volunteer Income Tax Assistance) by IRS trained volunteers

Revised 6/23

**Frequently Requested Phone Numbers
For Seniors and/or Their Caregivers**



**COUNTY OF SUSSEX
DEPARTMENT OF HEALTH and HUMAN SERVICES**

**DIVISION OF SENIOR SERVICES
Aging and Disability Resource Connection**

One Spring Street 2nd Floor
Newton NJ 07860
Phone: 973-579-0555 Fax: 973-579-0550
Call Toll-Free 1-877-222-3737
Office Hours: 8:30 a.m. – 4:30 p.m.

www.sussex.nj.us/seniorservices

Email: seniorservices@sussex.nj.us

The NJ State Department of Human Services, Division of Aging Services, under the Older Americans Act, has designated the Sussex County Division of Senior Services as the lead agency for the coordination of programs and services for Sussex County Seniors age 60+ and their caregivers.

OUR MISSION

To empower older individuals, those 18 and older who are disabled, and/ or their caregivers to choose from a coordinated system of services that enable seniors to live as independently as possible in their homes and in their communities while enjoying a dignified quality of life.